

**Recreation Commission**

Meets first Wednesday of every month at 7 p.m., Council Chambers, 3300 Capitol Building A

Donald Bierman, **Chair**
Joyce Blueford, **Vice Chair**

Commission Members:

David G. Isaac
Greg Orr
Kevin Quinn
James Siciliano
Gene Toy

Parks & Recreation Director

Annabell Holland

City Council

Meets first, second and fourth Tuesday at 7 p.m., Council Chambers, 3300 Capitol Ave Building A

Gus Morrison, **Mayor**
Steve Cho, **Vice Mayor**

Councilmembers:

Dominic Dutra
Bill Pease
Bob Wasserman

Jan Perkins, **City Manager**

Parks & Recreation Department Advisory Bodies

Art Review Board
(510) 494-4228

Patterson House Advisory Board
(510) 791-4196

Youth Advisory Commission
(510) 494-4876

Welcome to the Parks and Recreation Spring Guide!

Financial Assistance: The Fremont Association of Management Employees and the Fremont Cultural Arts Council have established a grant program which provides financial assistance for Fremont residents. For information regarding registration for reduced fees, please call (510) 494-4600. All requests are kept confidential. Should you or your business wish to contribute to this scholarship program, please contact us at the number listed above. Donations are tax deductible.

The City of Fremont does not discriminate on the basis of disability. Reasonable auxiliary aids are provided upon request to persons with disabilities to afford equal opportunity to services, programs, and activities.

**Inquiries may be forwarded to
P.O. Box 5006, Fremont, CA 94537, (510) 494-4862.**

Notification for future City Council, Planning Commission and Recreation

Commission Agendas: If you are interested in knowing what matters will be discussed at future meetings of the City Council, Planning Commission and Recreation Commission, call for a recorded listing of agenda titles. The agendas of all three legislative bodies are available or any one of the three can be heard independently. Call (510) 494-4849.

NEW! Look for abbreviated locations and days in the class information. Example:

LOCATION ABBREVIATIONS		DAY KEY
AM	Academy of Music	M - Monday
CB	City Beach	Tu - Tuesday
CCC	Centerville Community Center	W - Wednesday
CFB	Cloverleaf Family Bowl	Th - Thursday
CPVC	Central Park Visitor Center	F - Friday
CPSC	Central Park Softball Complex	Sa - Saturday
FCAC	Fremont Community Activities Center	Su - Sunday
FCC	Fremont Community Center	
FF	Fremont Flowers	
FPGPC	Fremont Park Golf & Practice Center	
FRC	Family Resource Center	
FSS	Fremont Swim School	
IRCC	Irvington Community Center	
ICP	Irvington Community Park	
IL	Irvington Library	
LCCC	Los Cerritos Community Center	
MAA	Martial Arts America	
NCP	Niles Community Park	
OHAC	Olive Hyde Art Center	
OHPC	Olive Hyde Program Center	
SHP	Shinn Historical Park	
SRA	Sunset Riding Academy	
SWPS	Sunol Wilderness Pack Station	
TC	Tennis Center	
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City Website:
www.fremont.gov

**For general registration
information call
(510) 494-4600.**

The program listings and fees in this
publication are subject to change.

We accept fax registrations; you
must pay by credit card.
Fax number is (510) 494-4375.

You can also register
for classes online
<http://regerec.ci.fremont.ca.us>

We accept VISA and MASTERCARD
for all programs and classes.

Julie Borchardt
Project Coordinator

Mary Lou Gardner
Project Assistant

Sketchy Details
Layout and Design

CAMPS

Basketball - Wednesday

For more information call (510) 790-5520

Come join us for a fun filled night of basketball. Boys and girls will be divided into age groups and work on fundamentals such as dribbling, passing, shooting, and participate in lots of fun games. Camp will be held at the Irvington Community Center, located at 41885 Blacow Road.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46174	4-7	IRCC	Apr7-May5	5:30PM-6:30PM	5	W	Staff	\$65
46175	8-10	IRCC	Apr7-May5	6:30PM-8:00PM	5	W	Staff	\$69

Taekwondo - One-Day Camp

For more information call (510) 791-4351

These one-day camps are offered on school holidays. Karate-Taekwondo workouts are held twice during the day as well as arts and crafts, outside sports and games. Children must pack a full lunch, two good snacks and at least two drinks.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46218	5-12	MAA	May31	9:00AM-5:00PM	1	M	MAA	\$35

SPRING BREAK CAMPS

Art - Magic Camp

For more information call (510) 494-4228

Ready for a week of magic? Discover how to make an object appear or disappear and 'how to read a mind'. Magic Camp will teach you the basics! Future magicians will gain skills through an encouraging step-by-step approach. Have fun while learning from a qualified magician who has a credential to teach and a Master of Arts in Theater Arts. Each camper will receive his/her very own box of tricks, wand and Wizard's Hat to keep after camp is over. ABRACADABRA! Bring a snack. \$20 materials fee due instructor at class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46482	8-11	SHP	Apr12-16	1:30PM-4:00PM	5	M-F	Wertman	\$129

Basketball - Camp

For more information call (510) 790-5520

Come join the fun and strengthen your basketball skills. Participants will work on ball handling, shooting, passing, and play lots of fun games. Camp will be held at the Irvington Community Center, located at 41885 Blacow Road.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46397	6-7	IRCC	Apr12-16	9:00AM-10:30AM	5	M-F	Staff	\$79

Basketball - Let's Go Camp

For more information call (510) 790-5520

This camp is back by popular demand! Is your child tired of drills, drills, and more drills? This camp is designed for the athlete who just wants to play the game and is recommended for intermediate and advanced participants. Camp will be held at the Irvington Community Center, located at 41885 Blacow Road.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46398	8-10	IRCC	Apr12-16	11:00AM-1:00PM	5	M-F	Staff	\$75
46399	11-14	IRCC	Apr12-16	1:00PM-3:00PM	5	M-F	Staff	\$75

Ice Skating - Learn to Ice Skate Camp

For more information call (510) 791-4318

This is a special Monday-Friday course, during your school break, for the beginner who has never skated before or just wants to learn basic skating skills. You will learn basic forward and backward skills, increase your balance and confidence, and glide on one foot and stopping maneuvers. The public session can be used as your free practice before and after your lesson. A class certificate is given to each student at the end of Fridays' class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46440	6-12	Iceoplex	Apr12-16	2:00PM-2:30PM	5	M-F	Iceoplex	\$59

Mad Science - Camp

For more information call (510) 791-4351

Earth Explorers! Find out about the most incredible machine known to man...you! Discover why you have all those parts, and how they interact together to keep you going, even while you're asleep. Explore what you and an onion have in common as we take a trip through Cell City. Study the organisms that we share the earth with, and learn how the food chain works as you ponder owl-ology. Look at changes that people are making to the environment and how you can be more earth friendly.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
43145	5-12	LCCC	Apr12-16	9:00AM-3:00PM	5	M-F	Mad Science	\$275

Practicum Kids - Camp

All About Bookstores! (Visit to Barnes & Noble)

For more information call (510) 573-2211 or e-mail info@practicumkids.com

Does your child love to read? Does he/she know that book making requires a lot of different people, including the author, illustrator, publisher, etc.? In this session, children will learn about different types of books, including mystery, adventure, biography, etc., how a book is made, and how it is ordered, sorted, and placed on the bookstore and library shelves. During the 4th day of class (Thursday April 15), children will take a "behind the scenes" guided tour to Barnes & Noble where they will visit the loading dock, learn how to "look up" a book using the computer, meet with some of the staff, and learn about the different sections of the bookstore. They will also participate in a fun scavenger book hunt! Practicum Kids classes incorporate discussion, games, role-playing, and arts & crafts to make learning interactive and fun! \$10 material fee collected first day of class. Tour site subject to change. Note: Regan Dale is a teacher at Forest Park Elementary School, and brings with her years of experience, creativity, and loads of fun!

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46554	5-8	CCC	Apr12-16	9:30AM-12:00PM	5	M-F	Dale	\$99

Rock Climbing - Camp

For more information call (510) 791-4351

Enjoy a week of climbing at City Beach during your spring break. Come climb, play ping-pong, Foos-ball, billiards and eat pizza with your buddies at City Beach Rock Club. Kids that spend the full week in camp have the opportunity to be certified in our Rock Club.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46012	7-17	CB	Apr12-16	11:00AM-2:00PM	5	M-F	Staff	\$165
46013	7-17	CB	Apr12-14	11:00AM-2:00PM	3	M-W	Staff	\$95
46014	7-17	CB	Apr14-16	11:00AM-2:00PM	3	W-F	Staff	\$95

Soccer - Indoor Let's Go Camp

For more information call (510) 790-5520

The City of Fremont is offering an indoor soccer camp for children who are tired of drills and just want to play the game. Shin guards are required and we ask that you wear tennis shoes that won't mark the floor.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46396	8-10	OCC	Apr12-16	9:00AM-10:00AM	5	M-F	Staff	\$49

Taekwondo - Camp

For more information call (510) 791-4351

Not sure what to do with your children during Spring Break week? How about a week long camp from 9 a.m. to 3 p.m. daily? Your children will be doing arts and crafts, sports activities, academic skills and have two (2) karate workouts every day. Keep the mind and body in shape during the time off so your children return to school with a ready attitude! For boys and girls between 6-13 yrs. Children must pack a full non-chilled lunch, 2 beverages, 2 snacks, and sunscreen.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46610	6-13	MAA	Apr12-16	9:00AM-3:00PM	5	M-F	MAA	\$149

Tennis - Camp

For more information call (510) 790-5510

FUN tennis and cross training skills and activities. In addition to fun stuff, the focus will include drills and games to enhance your child's hand-eye coordination, footwork and balance. Our creative stroke of the day keeps the learning process fun and stimulating while enabling us to accommodate a variety of skill levels. Kids are placed into groups based on age, ability and friendships. Costs include instruction, certificate of completion and camp photograph. Campers should come prepared with lunch, racquet and sturdy tennis shoes. Low-cost Wilson Junior tennis rackets are available for purchase at the Tennis Center.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45862	7-16	TC	Apr12-16	9:00AM-3:00PM	5	M-F	Staff	\$149

Tennis - Half Day Camp

For more information call (510) 790-5510

A half-day of tennis fun and skill development. Kids are divided into groups based on age, friendships and abilities. Campers will learn basic tennis skills in an innovative learning environment. Games are the key! Learning becomes more enjoyable and kids excel faster. Bring your racket, bring a friend and bring your smile! Low-cost Wilson junior tennis rackets are available for purchase at the tennis center.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45863	5-13	TC	Apr12-16	9:00AM-12:00PM	5	M-F	Staff	\$89

Volleyball

For more information call (510) 791-4334

Volleyball Camp is designed for all levels of volleyball. Players will be divided by experience, age and friendships. Players will review the basics and continue to improve on their individual skill base. Players will practice the overhand serve, blocking, passing, court coverage, team offenses...etc.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46391	8-14	IRCC	Apr12-16	3:00PM-5:00PM	5	M-F	Staff	\$75



Young Artists' Studio - Garden Gallery

For more information call (510) 494-4228

In conjunction with the Olive Hyde Art Gallery exhibit - Garden to Gallery - this Young Artists' Studio camp offers a week filled with hands-on art with a garden theme. Projects may include use of flowers/plants in artwork or as subject matter. A variety of mediums will be discussed. This workshop will emphasize creativity as an integral part of the art process, regardless of the level of experience. Students receive group instruction, hands-on studio time and will focus on personal expression in art. \$25 materials fee due first meeting.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
44110	6-9	OHAC	Apr12-16	9:00AM-11:00AM	5	M-F	Vaughan	\$139
44111	9-14	OHAC	Apr12-16	1:00PM-3:00PM	5	M-F	Vaughan	\$139

SPECIAL INTERESTS

Bridge

For more information call (510) 791-4324

Join the Fremont Bridge Club at the Centerville Community Center for duplicate bridge in a smoke free room. You may come single or with a partner, and all levels of skill are welcome! New players will receive a free play for their next game. Refreshments are provided. Plan to attend any of the following play sessions; pay \$6 at the door.

Monday: 10 a.m. to 1 p.m.

Saturday: 1 p.m. to 5 p.m.

Dancekids

For more information call (510) 791-4318

Bouncin Babies

A class for all you active bouncin babies and parents. Come play and have some serious fun with mommy or daddy. Use beanbags, balls, rattles, and more. You can shake, rattle, and roll to exciting, lively music with tambourines, shakers, drums, and other neat instruments. The class will also emphasize pre-walking and early walking skills. A great class for baby and you with so many things to do! No class April 13 and April 14. *New Location Los Cerritos Community Center

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46172	10-18mos	WSCC	Apr6-Jun15	10:30AM-11:15AM	10	Tu	Dancekids	\$89
46221	10-18mos	*LCCC	Apr7-Jun9	9:30AM-10:15AM	9	W	Dancekids	\$79

Boogie Babies

Come have some serious fun with your little one and do the boogie-woogie bear! You and your baby will sing and dance to lively nursery songs! Jump, run, hop, and boogie away with hula-hoops, dancing scarves, and beanbags. Also included is basic tumbling on mats with easy stretches and exercises to do with your baby. No class April 13 and April 14. *New Location Los Cerritos Community Center

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46171	19-30mos	WSCC	Apr6-Jun15	11:30AM-12:15PM	10	Tu	Dancekids	\$89
46222	19-30mos	*LCCC	Apr7-Jun9	10:30AM-11:15AM	9	W	Dancekids	\$79

Terrific Tots

This is a creative, imaginative, and serious fun class for all you toddlers and parents. Children will do what their bodies are meant to do, move and explore! Class includes activities such as singing and dancing to popular Show Time's and preschool songs. Everyone plays with hula-hoops, balls, scarves, and musical instruments. Come jump, run, hop, and frolic around...be a bird, butterfly, bunny, or just be yourself and act funny! No class April 13.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46173	30-42mos	WSCC	Apr6-Jun15	12:30PM-1:15PM	10	Tu	Dancekids	\$89

Early American Girls - Mom & Me Spring Tea

For more information call (510) 791-4334

Come join us to make a spring craft with your mom (grandma or favorite aunt) and then sit down and enjoy a special tea party. Register as a couple.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46420	7 & up	IRCC	Apr24	3:00PM-5:00PM	1	Sa	Staff	\$29

Dog Obedience

Perfect Puppies

For more information call (510) 791-4324

Dogs ages 2 months to 5 months. During this course puppies and their humans will be introduced to the come when called, sit loose leash and down on commands. The primary focus of the program is to give puppies the best start at life during this critical learning stage for dogs through socialization, beginning obedience, gentling exercises and behavior problem solving. All puppies are required to have current vaccinations (the first 2 sets in the series) including Kennel Cough on the first day of class. Junior handlers must be over the age of 14 and accompanied by a legal guardian during the class. First class is orientation do not bring your dog.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45662	2-5mos	CCC	Apr8-May13	6:30PM-7:15PM	6	Th	Staff	\$119
45663	2-5mos	CCC	May20-Jun24	6:30PM-7:15PM	6	Th	Staff	\$119

Family Dog I

During this course dogs and their humans will be introduced to the basic obedience and good manners commands. The primary focus of the program is to give dogs the best chance at being a good member of your family by starting beginning obedience, and behavior problem solving by the use of the most modern and powerful training principles. All dogs are required to have current vaccinations that include Kennel Cough on the first day of class. Families are welcome to attend. Junior handlers must be over the age of 14 and accompanied by a legal guardian during the entire class. First class is orientation do not bring your dog.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45668	5mos & up	CCC	Apr8-May13	7:30PM-8:15PM	6	Th	Staff	\$119
45669	5mos & up	CCC	May20-Jun24	7:30PM-8:15PM	6	Th	Staff	\$119

Intro for Teens Fencing

For more information call (510) 791-4324

Students with no fencing experience are introduced to basic technique, movement, tactics and rules of modern sport fencing in a fun and friendly atmosphere. The instructor provides all supplies.

IAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
6557	13-17	CCC	Apr20-May27	5:00PM-6:00PM	12	TuTh	Brown	\$149

Teen Fencing

For more information call (510) 791-4324

2 hours, 2 times per week. Students refine technique, increase repertoire of fencing actions (footwork and blade work), develop better understanding of rules, and continue physical conditioning. Students encouraged to participate in local junior tournaments. The instructor provides all supplies.

IAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
6559	13-19	CCC	Apr20-May27	5:00PM-7:00PM	12	TuTh	Brown	\$199

Know Chess!

For more information call (510) 791-4351

Chess teaches critical and abstract thinking, planning, logic and patience. These chess classes are suited for any student interested in chess, from utter beginner to the more advanced student. We will review basic chess rules, and then proceed to chess notation, basic tactics, and tournament rules. We will also cover more advanced tactics, a basic opening repertoire, middlegame principles, and endgame strategy. A typical class will include 30 minutes of direct instruction, and 30 minutes of games between students. Know Chess provides all supplies. For more information, visit www.knowchess.com

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46073	5-13	OHAC	Apr9-Jul2	3:45PM-4:45PM	13	F	Know Chess	\$155

MPM-KinderMath

For more information call (510) 791-4318

Learning Math is FUN! As an educational publisher for more than 15 years, MPM KinderMath is a math program especially designed for ages 4-5. They have merged math concepts and skills to create wild imagination and fun filled Math activities! Children will follow their instructor travel through the story land learning math concepts, while having fun playing interactive games. The hands on experience is a plus! Your child will not only learn the math, but also build up his self-confidence, creative thinking, observation ability, and public expression skills. Children will have their own manipulative learning toolbox, storybook, and activity book. This is a great way to introduce your child to his first math experience in a fun learning environment! It's never too early to want the very best for your child, give your child a flying start! \$39 material fee due to instructor on first day of class. No class April 12,13,14 and 15.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46336	4-5	WSSC	Apr6-Jun10	9:20AM-10:20AM	18	TuTh	MPM	\$159
46298	4-5	WSSC	Apr7-Jun10	9:20AM-10:20AM	18	WM	MPM	\$159

MPM Math

For more information call (510) 791-4318

From the most popular MPM KinderMath, a complete systematic math learning system is now offered for 5-6 year olds. MPM Math is a personalized self-learning system that promotes problem solving skills and creative thinking. Through multi-process models, students sharpen and refine their overall math skills by balancing the growth of math concepts and computation abilities. MPM Math teaches children computation, logic, reasoning, and creativity while building self-confidence by continually challenging themselves with new diverse concepts. Children will have their own manipulative toolbox and workbook. Your child cannot live their childhood twice, don't miss this wonderful opportunity for your child's future. All new students need to take a (DEP) diagnostic exam for placement. Fee of \$25 for DEP and material fee of \$54 due to instructor on the first day of class. No class April 12, 13, 14, 15,16 and May 31.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46299	5-6	WSSC	Apr5-Jun14	3:30PM-4:30PM	18	MTh	MPM	\$156
46302	5-6	WSSC	Apr6-Jun11	3:30PM-4:30PM	18	TuF	MPM	\$156

Math Homework Time

For more information call (510) 791-4334

Come on, Come in....Its Math Homework time! This is a 3-month course with 26 classes. 'The Math Coach' presents 'Math Homework time', a unique class specially designed to provide children assistance with their homework. The program is flexible and accommodates the individual requirements of students. This is ideal for children who wish to learn topics of their choice, get assistance with their homework or prepare for a test. This is an excellent opportunity to stay abreast of topics taught in school and EXCEL in tests. Use this valuable resource to IMPROVE your grades this year. Students will need to bring their own study material and supplies to class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46392	7-11	IRCC	Apr20-Jun10	4:00PM-4:50PM	16	TuTh	Staff	\$389
46393	12-15	IRCC	Apr20-Jun10	4:00PM-4:50PM	16	TuTh	Staff	\$389

The Math Coach

For more information call (510) 791-4334

This is a 3-month course with 26 classes. 'Little steps to success'. Your child has the potential to excel when given proper guidance and adequate practice. 'The Math Coach' presents the 'Mastering Math' Series, a sequence of courses specially designed to give students a good head start on the coming year's curriculum. Children will obtain a strong foundation in Math and gain self-confidence through structured lessons, projects and extensive practice. The graded (4 levels) practice exercises and in-class projects will introduce your child gradually to problems of greater complexity. This will motivate them to master, in little steps, the skills and knowledge they need to succeed. Give your child a strong, early start and let them realize their true potential! Each child will be provided their own in-class and take home work materials. \$60.00 materials fee due to instructor on the first day of class. Topics align very closely with those prescribed by the FUSD. Students actually cover more topics or less than what is listed depending on their individual capabilities.

Mastering Math (April-June) - Part I

Numbers, Counting, Concept of Adding and subtracting small numbers, Number line. Recommended for students in grades 1 and 2.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46400	6-8	IRCC	Apr20-Jun10	4:00PM-4:50PM	16	TuTh	Staff	\$389

Mastering Math (April-June) - Part II

Whole Numbers, Integers, operations on numbers, equations with one variable, Introduction to Decimals. Recommended for students in grades 3,4,5.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46401	8-11	IRCC	Apr20-Jun10	4:00PM-4:50PM	16	TuTh	Staff	\$389

Mastering Math (April-June) - Part III

Decimals, Fractions, Operations on decimals and fractions, Solving equations with one variable, Introduction to graphs. Recommended for students in grades 4,5,6

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46402	9-13	IRCC	Apr20-Jun10	5:00PM-5:50PM	16	TuTh	Staff	\$389

Mastering Math (April-June) - Part IV

Real numbers, Solving linear equations, Graphing linear equations and inequalities. Recommended for students in grades 6,7,8,9.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46403	12-15	IRCC	Apr20-Jun10	5:00PM-5:50PM	16	TuTh	Staff	\$389

Mad Science Preschool - Science Rocks

For more information call (510) 791-4351

Join Mad Science of the Bay Area, the World's leading fun science provider sparking imaginative learning. Discover some fundamentals of science in this series of workshops. Learn all about chemistry by mixing stuff together. Join the Mad Science Astronaut in Training program and learn about the elements of space. Listen to the sounds and rhythm and study the science of music. Learn about the power of air, and build your own cloud climber. Create a cloud in a bottle and make it rain...inside! Parents may observe from the back of the classroom!

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46186	3-5	CCP	Apr23-May28	10:00AM-10:45AM	6	F	Mad Science	\$109

Earth, Wind, Inspire

For more information call (510) 791-4351

Neither rain, nor sleet, nor snow will prevent us from having a great time in this session or Mad Science. We'll learn all about weather as we explore meteorology, then get blown away while we learn about wind. Take a voyage to the center of the earth as we investigate how our planet formed. Discover how science is used to solve crimes, and take home your own I.D. kit. Learn all about pulleys, levers and catapults in Mad Science Machines. Discover firsthand how movie special effects are created. Turn your kitchen into a virtual lab as you learn about the chemical reactions that take place there. You won't want to miss a minute of this exciting series!

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46191	5-12	WSCC	Apr21-Jun9	3:45PM-4:45PM	8	W	Mad Science	\$145

Massage for Couples

For more information call (510) 791-4318

Learn hands on massage techniques to bring relief of muscular fatigue and tension, induce relaxation, strengthen partner intimacy, enhance immune system, and improve quality of sleep. Bring 2 pillows and 2 large towels per couple.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46450	18 & up	WSCC	Apr8	7:30PM-9:30PM	1	Th	Perea	\$99
46451	18 & up	WSCC	Apr15	7:30PM-9:30PM	1	Th	Perea	\$99

Independent Studies - Physical Education

For more information call (510) 791-4334

This class is NOT your typical P.E. class. Come join in a variety of sports and games, conditioning is included too!

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46365	6-16	IRCC	Apr20-Jun10	12:30PM-1:30PM	16	TuTh	Staff	\$49

Horizon Program

For more information call (510) 791-4324

This is a recreation program for the developmentally disabled. Activities include arts & crafts, games, sports and field trips. Participants must be picked up promptly at 5:00 p.m. New participants must be approved by the Program Director. No class April 9-16 & May 28-31.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45670	7-23	CCC	Apr2-30	3:00PM-5:00PM	9	FMW	Lennon	\$59
45671	7-23	CCC	May3-28	3:00PM-5:00PM	11	MWF	Lennon	\$69
45672	7-23	CCC	Jun2-11	3:00PM-5:00PM	5	WFM	Lennon	\$39

PERSONAL DEVELOPMENT

Guided Autobiography

For more information call (510) 574-2050

Many a senior finds enjoyment in reminiscing. Reminiscence is a healthy activity that allows an individual to take stock of a life full of unique experiences. This 10-week class is for adults age 62 and up. Participants will write personal histories in a structured manner. Topics will be assigned and discussed weekly in a small group setting. The instructors are seniors who have previously gone through the guided autobiography process and received training. City Of Fremont Human Service Department sponsors this workshop. No class May 31.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46180	62 & up	FRC	Apr5-Jun14	1:00PM-3:00PM	10	M	Grimm	\$29

Listening to Children

For more information call (510) 574-2100

Want a child who cooperates? Want to reduce conflict with your child? Interested in raising your child's self-esteem? If you are the parent of an elementary school-aged child, this workshop is for you! Join us for a very full evening of interactive exercises, discussion and lecture, (including hand outs). Learn to listen to your child in a way that will promote self-esteem and cooperation. Build new communication skills that you can use daily to strengthen your family. Parents who have attended ask if we had a tape recorder in their house! Come find out why! Please call for childcare inquiries.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46179	21 & up	FRC	Apr29	6:15PM-8:30PM	1	Th	Scott	\$20

Life After the Layoff

For more information call (510) 791-4334

Whether you know it is coming or whether you go to work and leave surprised, being laid off is a difficult transition to manage both personally and professionally. There are emotional, mental and physical phases to work through before problem solving toward the next career move can begin. This workshop will walk you through tips and techniques that will help you define your next career transition, target alternative industry sectors, and create a market plan that is 'perfect' for you. You will also leave knowing how to conduct informational interviewing, network in a room of new people, create job leads, and negotiate the offer that works for you.

A seasoned executive who was recently laid-off and managed to land a dream job in a different industry during these tough economic times teaches this workshop. She will share personal stories and lessons learned from the high-tech business world.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46413	18 & up	IRCC	Jun12	9:00AM-5:00PM	1	Sa	Staff	\$75

Negotiation Skills for Nice Girls

For more information call (510) 791-4334

Many women of all ages and skill levels are uncomfortable with negotiating. While some women have a more natural ability than others do, no one is born a great negotiator. Negotiating is a learned skill. This workshop will teach you the fundamentals of preparing for a negotiation, the pitfalls to avoid, common and frequent mistakes, and specifics on closing the deal. This workshop is relevant to your key buying decisions, your career, and your personal life.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46421	18 & up	IRCC	May8	12:30PM-4:30PM	1	Sa	Staff	\$45

Transitioning to Junior High

For more information call (510) 574-2100

The move to junior high is perhaps the most crucial transition that students (and parents!) make. This workshop is designed specifically for parents whose children are making that move. Changes in school structure and expectations will be discussed, as well as how parents can help their children make this transition successfully. The presenter will also address developmental changes that occur at this age, and how parents can successfully adjust parenting strategies and maintain a positive relationship with their child. You are welcome to attend any session, but you may wish to attend on the evening on which more parents from your child's school will attend. That schedule is as follows: Walters/Thornton May 3, Horner/Centerville May 5, and Hopkins May 11. City of Fremont Human Services Department sponsors this workshop. Location: Pacific Room. Special rate for couples: \$35.00

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46182	21 & up	FRC	May3	6:30PM-8:00PM	1	M	Watt	\$20
46183	21 & up	FRC	May5	6:30PM-8:00PM	1	W	Watt	\$20
46184	21 & up	FRC	May11	6:30PM-8:00PM	1	Tu	Watt	\$20

ROCK CLIMBING

Family Climbing Lessons

For more information call (510) 791-4351

Experience the thrill of Indoor Rock Climbing with your family at Fremont's World Class Rock Gym, City Beach Rock Club. This two-hour lesson provides friendly instruction to the basic safety of indoor climbing and time for the family to climb together. Participants are welcome to climb for the rest of the day. Additional child or parent is \$25 each. At least one participant must be under 18 years old, legal parent or guardian must go to class to sign waiver. This is a parent participation class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46029	6-17	CB	Apr4	1:00PM-3:00PM	1	Su	CB	\$49
46030	6-17	CB	May2	1:00PM-3:00PM	1	Su	CB	\$49
46031	6-17	CB	Jun6	1:00PM-3:00PM	1	Su	CB	\$49

Pebble Program

That child with a little extra energy will be overjoyed to hear about what happens on Saturday mornings. Each class progresses under the supervision of our trained instructors.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46066	7-11	CB	Apr3-24	9:00AM-11:00AM	4	Sa	CB	\$69
46067	7-11	CB	May1-22	9:00AM-11:00AM	4	Sa	CB	\$69
46068	7-11	CB	Jun5-26	9:00AM-11:00AM	4	Sa	CB	\$69

Junior Climbing Team

Junior Climbing Team is designed for climbers able and willing to commit to a more serious climbing atmosphere. Members of the Team are coached 2 days a week while developing: climbing ethics and team participation; technical, mental and physical aspects of climbing; competition level training and climbing. Team members must be YCP certified. Includes Gym membership for length of session.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46063	12-17	CB	May4-27	4:00PM-6:00PM	8	TuTh	CB	\$65

Youth Certification

Just what every kid wants - freedom and responsibility. Youth 12-17 years old have the opportunity to become certified to belay in our Gym. By gaining certification through our Youth Certification Program, students learn the proper belay technique, proper harness use, the figure-eight-follow-through knot, gym etiquette and policy. The YCP class consists of 4 hours of training over 2 days. Climbing equipment is provided during class!

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46069	12-17	CB	Apr17-18	11:00AM-1:00PM	2	SaSu	CB	\$35
46070	12-17	CB	May22-23	11:00AM-1:00PM	2	SaSu	CB	\$35

Adult Climbing Lessons

Looking for an adventure? Learn to Rock Climb at Fremont's Indoor Rock Gym, City Beach Rock Club. Our staff will work with you on fundamental skills such as using and tying in to a harness, belaying, proper use of climbing signals, and bouldering safety. This two-hour class is a must for the novice climber who wants to enter the exciting world of climbing with proper skills.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46015	18 & up	CB	May3	7:00PM-9:00PM	1	M	CB	\$35
46062	18 & up	CB	Jun7	7:00PM-9:00PM	1	M	CB	\$35

HORSEMANSHIP

For information call (510) 791-4351

Breakfast Ride

Bring the family out for an early morning trail ride to Little Yosemite. You will ride through the beautiful Sunol Regional Wilderness and a continental breakfast will await you upon your return. This is a great ride for novice riders and those with riding experience. Ride time is approximate. \$4.00 parking fee upon entering Park.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
44510	8 & up	SWPS	Apr4	9:00AM-10:30AM	1	Su	SWPS	\$55
44511	8 & up	SWPS	May2	9:00AM-10:30AM	1	Su	SWPS	\$55
45909	8 & up	SWPS	Jun6	9:00AM-10:30AM	1	Su	SWPS	\$55

Family Time Horsemanship

Sign-up the whole family for a fun filled lesson! This class incorporates Horsemanship 101 and a beginning riding lesson in one 90-minute session. The first half of the lesson encompasses safety, horse psychology, and tack and grooming, followed by basic riding techniques. Communication, positive attitude, teamwork, respect and patience are achieved. What a wonderful way to spend some time away from the regular weekend routines. Children must be 8 years old and above. Couples are also welcome. \$119 fee is for two people only, \$165 for families of 3-4 people, \$195 for families of 5-6

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
44556	8 & up	SRA	Apr24	3:30PM-5:00PM	1	Sa	SRA	\$119
44557	8 & up	SRA	May22	3:30PM-5:00PM	1	Sa	SRA	\$119

Horsemanship 101

This introductory course includes 2 classroom sessions and one basic riding lesson. Topics include safety, horse care, ownership, tack, horse psychology and riding techniques. The first two classes are in a classroom format; the third includes the basic riding lesson. Adults only classes are offered on Thursday evenings. Combined children and adult classes are offered on Saturdays. An adult must accompany children under 11 years of age and must register for the class too.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
44500	8 & up	SRA	Apr3-17	9:30AM-11:00AM	3	Sa	SRA	\$119
44502	8 & up	SRA	May8-22	9:30AM-11:00AM	3	Sa	SRA	\$119
45915	8 & up	SRA	Jun5-19	9:30AM-11:00AM	3	Sa	SRA	\$119
44499	18 & up	SRA	Apr1-15	6:00PM-7:30PM	3	Th	SRA	\$119
44501	18 & up	SRA	May6-20	6:00PM-7:30PM	3	Th	SRA	\$119
45914	18 & up	SRA	Jun3-17	6:00PM-7:30PM	3	Th	SRA	\$119

Little Yosemite Ride

Enjoy a one-hour trail ride that will take you along Alameda Creek to the scenic Little Yosemite Gorge. Novice riders are welcome. \$4.00 parking fee upon entering Park. Rides are on a weather-permitting basis. Ride time is approximate.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
44503	8 & up	SWPS	Apr17	10:00AM-11:00AM	1	Sa	SWPS	\$45
44504	8 & up	SWPS	May15	10:00AM-11:00AM	1	Sa	SWPS	\$45
45916	8 & up	SWPS	Jun19	10:00AM-11:00AM	1	Sa	SWPS	\$45

Moonlight Ride

This ride begins at dusk. After fording Alameda Creek, follow the old Hayfield Road through oak-studded grassland past the High Valley Barn to the prominence of Flag Hill. Watch in awe as the full moon rises. Guided by the light of the moon and your experienced trail guides, you will begin the journey back to the Pack Station. **This ride is recommended for the intermediate rider or those who have ridden with the Pack Station prior. Riding time is approximately two (2) hours. \$4.00 parking fee upon entering Park. Ride on weather permitting basis.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
44507	10 & up	SWPS	Apr5	7:00PM-9:00PM	1	M	SWPS	\$75
44508	10 & up	SWPS	May4	7:00PM-9:00PM	1	Tu	SWPS	\$75
45918	10 & up	SWPS	Jun2	7:00PM-9:00PM	1	W	SWPS	\$75

Parent & Me Class

This special class for 4-7 year olds. Mom and/or Dad attend this class with their child. This class gives your child an early start in riding balance and body position. Basic information and instructions are given before riding the horse. The parent will lead their child on the horse for the Valley Loop ride. All classes are held at the Sunol Wilderness Pack Station in Sunol Regional Park. For directions visit the website at www.sunsetridingacademy.com. Helmets are required for children and are provided at no charge. \$4.00 parking fee upon entering Park. **In case of bad weather, class will be held at Sunset Riding Academy, 7587 Athenour Road, Sunol.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
44449	4-7	SWPS	Apr3	10:00AM-11:30AM	1	Sa	SWPS	\$55
44450	4-7	SWPS	May1	10:00AM-11:30AM	1	Sa	SWPS	\$55
45912	4-7	SWPS	Jun12	10:00AM-11:30AM	1	Sa	SWPS	\$55

Horsemanship - W Tree Ride

Enjoy an approximate two-hour ride that follows the Alameda Creek, past Little Yosemite to the infamous W Tree. Novice riders up are welcome. Ride time is approximate. \$4.00 parking fee upon entering Park.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
44505	10 & up	SWPS	Apr18	2:00PM-4:00PM	1	Su	SWPS	\$59
44506	10 & up	SWPS	May16	2:00PM-4:00PM	1	Su	SWPS	\$59
45917	10 & up	SWPS	Jun13	2:00PM-4:00PM	1	Su	SWPS	\$59

Horsemanship - Girls Day Out

This exciting program is geared toward fitness and fun for Girls Only. During class, your instructor will begin with some equestrian calisthenics to warm up your muscles and progress to a full body workout. The bonus is that you will learn a new sport, give your body and mind a makeover AND learn all about the world of horses. To round out the morning, healthy refreshments will be served. Every fourth lesson, we will be taking out fit equestrian bodies to the Sunol-Ohlone Park where we will ride the beautiful trails. This is one Girls Day Out that you won't want to miss. Class held at Sunset Riding Academy.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
44524	18 & up	SRA	Apr7-28	10:00AM-11:15AM	4	W	Staff	\$185
44525	18 & up	SRA	May5-26	10:00AM-11:15AM	4	W	Staff	\$185

ART FOR CHILDREN

For more information call (510) 494-4228

Toddler & Me

A special class for their very first experience with art in a playgroup situation. A great opportunity for parents to have fun with their toddlers and meet other parents. Children cannot be dropped off. A parent must attend the class. Both adult and child should dress for 'fun'. Only registered children may attend the class. Sorry, no infants.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46501	18mos-3yr	WSSC	Apr19-May24	2:00PM-3:00PM	6	M	Nelsen	\$59
46504	18mos-3yr	CCC	Apr20-May25	9:00AM-10:00AM	6	Tu	Nelsen	\$59
46505	18mos-3yr	CCC	Apr20-May25	10:00AM-11:00AM	6	Tu	Nelsen	\$59
46506	18mos-3yr	CCC	Apr21-May26	9:00AM-10:00AM	6	W	Nelsen	\$59
46507	18mos-3yr	CCC	Apr21-May26	10:00AM-11:00AM	6	W	Nelsen	\$59
46502	18mos-3yr	WSSC	Apr22-May27	10:45AM-11:45AM	6	Th	Nelsen	\$59
46503	18mos-3yr	WSSC	Apr22-May27	11:45AM-12:45PM	6	Th	Nelsen	\$59

Preschool Art

Designed to learn the very basics of art. Children will learn to use scissors, mix colors, follow directions and more — while having fun meeting new friends. Children should be dressed for messy fun. Parents do not participate in this class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46522	3-5	OHAC	Apr19-May24	9:00AM-10:30AM	6	M	Singh	\$69
46521	3-5	OHAC	Apr19-May24	10:30AM-12:00PM	6	M	Singh	\$69
46244	3-5	WSSC	Apr20-May25	10:45AM-12:15PM	6	Tu	Singh	\$69
46246	3-5	WSSC	Apr20-May25	12:30PM-2:00PM	6	Tu	Singh	\$69
46520	3-5	OHAC	Apr21-May26	12:45PM-2:15PM	6	W	Ammerman	\$69
46247	3-5	CCC	Apr22-May27	10:30AM-2:00PM	6	Th	Ammerman	\$69
46248	3-5	CCC	Apr22-May27	12:45PM-2:15PM	6	Th	Ammerman	\$69

Storybook Art

Children will develop listening skills and expand their creative language skills while learning to use scissors, mix paints, use brushes and markers. Preschoolers are exposed to new stories each week and given the tools to translate what they hear into art. Parents do not participate in this class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46254	3-5	WSSC	Apr19-May24	11:00AM-12:30PM	6	M	Nelsen	\$69
46255	3-5	WSSC	Apr19-May24	12:30PM-2:00PM	6	M	Nelsen	\$69
46257	3-5	CCC	Apr20-May25	11:00AM-12:30PM	6	Tu	Nelsen	\$69
46258	3-5	CCC	Apr20-May25	12:30PM-2:00PM	6	Tu	Nelsen	\$69
46259	3-5	CCC	Apr21-May26	11:00AM-2:30PM	6	W	Nelsen	\$69
46260	3-5	CCC	Apr21-May26	12:30PM-2:00PM	6	W	Nelsen	\$69
46256	3-5	WSSC	Apr22-May27	12:45PM-2:15PM	6	Th	Nelsen	\$69

NEW! Art Survivors

Become an Art Survivor - experiment and create with various materials and papers while developing projects that include a variety of art mediums - learn basic design elements.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46337	5-8	SHP	Apr21-May26	3:30PM-5:30PM	6	W	Reynolds	\$69
46338	5-8	SHP	Apr22-May27	3:30PM-5:30PM	6	Th	Reynolds	\$69

Ceramics

Hand crafted ceramics, techniques in sculpting figures/pots, building with slab procedures, and use of scoring & slip will be demonstrated and discussed to create three-dimensional art projects - practical and artistic. Use of coil techniques to create vases, free forms and many exciting varieties of clay products including ocarinas. Medium fired with use of white clay and non-toxic glazes.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45950	7-14	LCCC	Apr21-May26	4:45PM-6:45PM	6	W	Lesh	\$79
45951	7-14	LCCC	Apr23-May28	4:00PM-6:00PM	6	F	Lesh	\$79
45952	7-14	LCCC	Apr24-Jun5	10:00AM-12:00PM	6	Sa	Lesh	\$79

Creative Claywork

Coil, slab and free form modeling. A popular class presenting traditional clay working techniques including coiling, sculpting and slab building. Children will learn these basic hand-building skills and complete a variety of fun projects. This is NOT a parent participation class. No class May 29.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45953	5-7	LCCC	Apr21-May26	3:30PM-4:30PM	6	W	Lesh	\$59
45954	5-7	LCCC	Apr24-Jun5	1:00PM-2:00PM	6	Sa	Lesh	\$59

Drawing

Explore drawing techniques using charcoal, pastel and ink. Learn perspective, light & shadow. Advanced students may work in color with more complex subjects and ideas. Enjoy expressing yourself and releasing your creative spirit. No class May 31.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45931	5-10	OHAC	Apr19-Jun7	3:30PM-5:30PM	7	M	Lesh	\$69

Drawing & Painting

Techniques in drawing, painting, brushwork, detailing and shading will be presented. Learn to paint realistic or imaginary subjects while studying color theory and mixing, light and shadow, and design and composition. For beginning and continuing students.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45955	8-14	OHAC	Apr22-May27	4:00PM-6:00PM	6	Th	Lesh	\$69

Magic Workshop

Explore and discover the art of magic through simple tricks in an enjoyable environment. Discover how to make something appear, 'read a mind' or suspend a magic wand. Designed for students with no magic background. Provides an opportunity to be introduced to magic through simple tricks. Junior magician's leave the class with a 'bag of tricks' which contain a magic wand, the magic booklet '102 Easy Magic Tricks', a magician's Assistant Award, and materials to perform class tricks that can be done with household items. Material fee of \$8 due to instructor at class (includes Wizard's Hat!).

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46519	7-11	SHP	May11	3:30PM-5:00PM	1	Tu	Wertman	\$19

Together with Clay

Explore ceramics with your child. Together, you will create personal treasures and memories that will last a lifetime. A parent or guardian must attend. Additional clay may be purchased for \$8.50 for 25 lbs. No class May 31.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46345	5 & up	LCCC	Apr15-May13	4:00PM-5:30PM	5	Th	Vaughan	\$75
46347	5 & up	LCCC	Apr5-May3	4:00PM-5:30PM	5	M	Vaughan	\$75
46348	5 & up	LCCC	May10-Jun14	4:00PM-5:30PM	5	M	Vaughan	\$75
46346	5 & up	LCCC	May20-Jun17	4:00PM-5:30PM	5	Th	Vaughan	\$75

My First Magic Class

Hocus pocus - Abracadabra! Welcome to your first magic class! Students are introduced to magic through simple 'self working' magic tricks, which the junior magicians get to take home. Between learning tricks and having fun, I will present some entertaining magic tricks to the children. Each child receives a magic wand, Magicians Assistant Certificate and the simple tricks they have learned. Materials fee of \$4 due to instructor at class. This class provides an opportunity for an introduction to simple magic tricks that may further develop fine motor skills, self-confidence and may ignite creativity. One parent per child is welcome to stay.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46481	4-6	SHP	May11	5:30PM-6:40PM	1	Tu	Wertman	\$15

Sculpture

For kids with some experience with clay. Learn about sculpture and free form modeling. Make ceramic sculpture and experiment with the potters' wheel. Learn more extensive handbuilding techniques transforming clay into sculptures; building creativity in the process. Class demonstrations and historical perspective will be included. Additional clay available for purchase at class \$8.50 for 25 lbs.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46484	8-14	LCCC	Apr13-May11	4:00PM-6:00PM	5	Tu	Vaughan	\$69
46485	8-14	LCCC	May18-Jun15	4:00PM-6:00PM	5	Tu	Vaughan	\$69

The Journey Through Art

This is a class designed particularly for your child's vision- their imagination translated into a work of art. We will ride many rides with stories of different worlds, stories of the students' world which we will illustrate while learning about the great masters of art history. We will dip our hands in different art mediums such as painting with oil pastels, pencil shading, watercolors, acrylics, charcoal and more. We will travel unrestricted by shape and line, free to explore the world of color and images. Let's come together and begin our journey!

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46341	8-14	SHP	Apr23-May28	5:15PM-7:15PM	6	F	Chowdhury	\$69

Learn to Draw & Paint with the Masters

Let's learn from the Master's - observe & critique drawings and paintings while learning about color, light, shadow, line and shading. Create your own masterpieces!

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46339	6-9	CCC	Apr20-May25	4:00PM-6:00PM	6	Tu	Choy	\$69

ART FOR ADULTS

For more information call (510) 494-4228

Bobbin Lace Making - Beginning

Learn the fascinating lost art of bobbin lace. Instruction will provide students with the technical skills needed to create this unique textile art. Beginners' projects follow a clear step-by-step course and include a variety of traditional designs. \$39 supply kit may be leased or purchased at first class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45517	15 & up	WSOC	Apr7-Jun9	7:30PM-9:30PM	1	W	Colgan	\$75

Bobbin Lace Making - Continuing

Following the beginners' class, continuing students will be able to refine their skills while working more intricate patterns. Class projects will include a variety of designs and applications. A supply list will be given in class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45518	15 & up	WSOC	Apr7-Jun9	7:00PM-9:30PM	10	W	Colgan	\$89

Ceramic Musical Instrument Making

Making your own musical instrument is fun with clay! In this class there will be hands-on demonstrations on how to successfully design and create such instruments as ocarinas, rattles and rain sticks. Discover how to use the relationship between form and function to create beautiful instruments that can be shaped like figures, animals or whimsical creatures. You will also learn different finishing and glazing techniques. All skill levels welcome.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46373	13 & up	LCCC	Apr5-May3	6:30PM-9:00PM	5	M	Vaughan	\$79

Ceramics - Beginning / Intermediate

This class is for beginners and those with experience. Beginning participants will build the pinch pot, the coil pot and the slab-built vessel - learning hand-building techniques, glazing and be introduced to wheel throwing. Emphasis is on personalized instruction for beginners. For intermediate/continuing students, instruction on current works and continuing instruction on the wheel. \$25 glazing and firing fee due at first class. Additional clay may be purchased at the rate of \$8.50 for 25lb bag.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46343	15 & up	LCCC	Apr6-Jun8	6:30PM-9:30PM	10	Tu	Vaugh	\$129

Ceramics

Hand crafted ceramics, techniques in sculpting figures and pots, building with slab procedures, use of scoring, and slip will be demonstrated and discussed to create three-dimensional art projects - practical and artistic. Use of coil techniques to create vases, free forms and many exciting varieties of clay products including ocarinas. Medium fired with use of white clay and non-toxic glazes. \$25 firing fee due at first class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45956	14 & up	LCCC	Apr21-Jun2	10:30AM-12:30PM	7	W	Lesh	\$79
45957	14 & up	LCCC	Apr23-Jun4	12:30PM-2:30PM	7	F	Lesh	\$79

Garden Ceramics

Enhance and decorate your garden with personalized ceramics. Class covers techniques and creative ideas for making garden stones, planters, garden figures and home address plaques. All skill levels welcome. No class May 31.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46377	13 & up	LCCC	May10-Jun14	6:30PM-9:00PM	5	M	Vaughan	\$79

Drawing

Explore drawing techniques using charcoal, pastel and ink. Learn perspective, light & shadow. Advanced students may work in color with more complex subjects and ideas. Enjoy expressing yourself and releasing your creative spirit. No class May 31.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45930	14 & up	OHAC	Apr19-Jun7	12:30PM-2:30PM	7	M	Lesh	\$69

Drawing & Painting

Techniques in drawing, painting, brushworks, detailing and shading will be presented. Learn to paint realistic or imaginary subjects while studying theory and mixing, light and shadow, and design and composition. Multi-media approach: charcoal, conte and pastel, watercolor, water-based oils, and acrylic.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45958	15 & up	OHAC	Apr20-Jun1	6:30PM-8:30PM	7	Tu	Lesh	\$89
45959	15 & up	OHAC	Apr22-Jun3	12:30PM-2:30PM	7	Th	Lesh	\$89

Floral Design - Advanced

For those students who have already had one or more beginning classes in floral design, a new advanced class is now offered. This class will teach more complicated techniques such as tropicals and more stylized arrangements. The weekly supply fee for the advanced class will be \$20 to \$22. Classes will be held at Fremont Flowers on Fremont Boulevard.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45986	15 & up	FF	Apr22-Jun10	7:00PM-8:30PM	8	Th	Luna	\$85

Photo Darkroom Techniques

Learn how to develop black & white film and print your negatives in a photo darkroom. You will use different enlargers to create images of different sizes. When completed you will have a better understanding of composition. Chemicals are provided. Students provide their own 35mm or 120 film. Paper is available for purchase from instructor. No class May 31.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45690	15 & up	FCAC	Apr19-Jun14	7:00PM-9:00PM	8	M	Epstein	\$89
45691	15 & up	FCAC	Apr21-Jun9	7:00PM-9:00PM	8	W	Epstein	\$89
45692	15 & up	FCAC	Apr22-Jun10	7:00PM-9:00PM	8	Th	Epstein	\$89

Stained Glass

Create your own beautiful stained glass projects. Learn glass cutting, foiling and soldering techniques of this timeless craft to create windows, boxes, kaleidoscopes, lamps and more. Glass mosaic demonstration included. Approximate cost of supplies is around \$100+. Most suppliers give students discounts; many are on-line. Glass grinders are available for use.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46340	15 & up	CCC	Apr8-Jun10	7:00PM-9:30PM	10	Th	Wilburn	\$89

Sculpture - The Figure in Clay

Discover your creativity with clay! In this class students will have the opportunity to examine ways in which artists have used the human figure as a source of inspiration. Through hands-on demonstrations students will learn to create their own works of art. This class will concentrate on creating a likeness in clay. Sessions will include modeling lifelike proportions of the head and figure as well as the anatomical features and underlying bone structure. Students will work closely with the instructor to create realistic or abstract figurines, body fragments and/or life-size busts. All skill levels welcome. Clay may be purchased at \$8.25 for a 25 lb bag. \$25 glazing and firing fee due at first class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46344	14 & up	LCCC	Apr8-Jun10	7:00PM-9:00PM	10	Th	Vaughan	\$115

Silk Floral Arrangement Beginner

This class will cover basic flower arranging principles as well as hands-on work with silk flowers. You will design a beautiful take-home arrangement each week with step-by-step instructions. Several basic styles will be taught. Please bring a container (4'-7' tall will work best for the style we'll be doing in the first class), floral foam (get a size that fits your container), moss, glue gun with glue sticks, wire cutter, notebook and pen to the first class. \$60 fee for silk flower is payable to the instructor at the first class meeting.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46553	18 & up	WSCC	May1-22	2:00PM-4:00PM	4	Sa	Wong	\$49

COOKING

For more information call (510) 494-4228

Creative Chefs

Register for the continuing series of Creative Chefs classes: Fall I - Baking, Fall II - Cookies, Winter I - Simple Suppers, Winter II - Breakfast and Lunch, Spring - Desserts, Summer - Snacks. Each section offers a wide variety of hands-on cooking projects.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46027	7-11	FCC	Apr21-May26	4:15PM-5:45PM	6	W	Shultz	\$79

Small Chefs

This popular class will allow your child to discover cooking through simple, nutritious and delicious projects. Children will learn about the food pyramid and develop many skills including measuring, reading and eye-hand coordination through fun cooking experiences.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46032	3-5	OHAC	Apr20-May25	2:30PM-4:00PM	6	Tu	Shultz	\$79
46033	4-6	OHAC	Apr20-May25	4:15PM-5:45PM	6	Tu	Shultz	\$79
46034	4-6	FCC	Apr21-May26	2:30PM-4:00PM	6	W	Shultz	\$79

Wee Chefs

Parents - help your child learn to cook. Children will be exposed to various foods while developing skills in counting, measuring, and eye-hand coordination with your assistance. Parent participation required - only ONE adult per registered child. Only registered children may attend the class, no infants please.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46038	2-3	OHAC	Apr20-May25	10:00AM-11:30AM	6	Tu	Shultz	\$75
46039	2-3	FCC	Apr21-May26	10:00AM-11:30AM	6	W	Shultz	\$75

Cake Decorating

Learn to make and decorate cakes for all occasions. This class will include techniques in frosting, layering, fillings, basic borders, character cakes and more. Basics of baking including mixing and measuring will be covered. Materials fee of \$20 due to instructor at first class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46483	14 & up	OHAC	May5-26	6:30PM-8:30PM	4	W	Ramirez	\$49



Indian Fusion Cooking

Fremont is a vast ethnic melting pot, so why don't we learn something new and different? This class is for all those who like Indian food's spicy taste and would like to learn how to make it quick and easy? It is a healthy food and we will be cooking different recipes in each class. By the end of the 6-week session you will be able to prepare a different, healthy and enjoyable meal for your family. Supply cost of \$30.00 to be provided to instructor at the time of 1st class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46517	16 & up	FCC	Apr22-May27	10:30AM-12:00PM	6	Th	Singh	\$69
46518	16 & up	FCC	Apr22-May27	12:30PM-2:00PM	6	Th	Singh	\$69

MUSIC

For more information call (510) 494-4228

Kids in Tune

Join us for music and fun! The atmosphere is a fun-filled environment, which gradually gets your child to play to music. First listening, moving, then singing! You will be amazed how attentive your child can be. All Kids in Tune staff are specially trained in the Kodaly Method. This is a parent participation class-parents required to participate. Please no unregistered children.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46163	18mo-3yrs	IRCC	Apr19-May24	4:40PM-5:10PM	6	M	Kids in Tune	\$65

We match folk songs, chants, rhymes, circle games, movement and musical stories to your child's development, exploring a progressive range of musical concepts using hand puppets, drawings and dramatic play. All Kids in Tune staff are specially trained in the Kodaly Method. No unregistered children.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46167	3-5	IRCC	Apr19-May24	4:00PM-4:30PM	6	M	Kids in Tune	\$65

Now we are really singing, dancing and playing more sophisticated games to music. We fine-tune your child's ear training with rhythm notation and fancy footwork, while reading elementary music. An excellent prerequisite to learning an instrument or choral training. All Kids in Tune staff are specially trained in the Kodaly Method. Please no unregistered children.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46169	5-7	IRCC	Apr19-May24	5:10PM-5:40PM	6	M	Kids in Tune	\$65

Voice for Tykes

Do you want your child to learn to sing? This course is filled with age appropriate music-packed with games, rhythm and fun! Children will learn beginning breathing techniques and more. No class April 16 and May 7.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46229	4-6	CCC	Apr2-May28	3:30PM-4:30PM	9	F	Billeter	\$105

Beginning/Continuing Guitar

An exciting introduction and continuation to the basics of guitar playing. Students will learn melodies, chords, and how to read music. Class includes both group and individual practice. Students must bring a guitar and pick on the first day of class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46388	6 & up	WSSC	Apr24-May22	9:00AM-9:50AM	5	Sa	Thomas	\$109
46389	6 & up	WSSC	Jun5-Jul3	9:00AM-9:50AM	5	Sa	Thomas	\$109

Cooking

Music

Keyboards

Frances Balodies created music for Young Children in 1980 to provide children with an exciting, child-centered approach to learning music. Working together in small age-specific groups, MYC program features singing, keyboard playing, creative movement, music reading and theory, ear training, music vocabulary and composition. The goal is to build a solid foundation for the young children to understand, experience and enjoy the beauty of music. In addition, parents' participation is a very important part of this program. The complete MYC program is designed based on 36-week classes (or three sessions). \$80 material fee (for 36-week program) \$30 processing fee due at first class. Visit www.melodydoremi.com or for more information call (510) 656-3489. Academy of Music is located at 47902 Warm Springs Blvd.

Sunshine I

This child/parent program features creative and active teaching approaches. It helps students to build the foundation of music by distinguishing various pictures, activities and songs. A very basic composition idea is also taught to the students.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46419	4-5	AM	Apr3-Jun19	1:00PM-1:50PM	12	Sa	Staff	\$265
46418	4-5	AM	Apr5-Jun21	6:30PM-7:20PM	12	M	Staff	\$265

Sunbeams I

Featuring music theory, keyboard skill/technique, and composition training, this group is to build student's confidence and enjoyment of being a little musician. It helps the students to understand music theory through playing different pieces. Ear training and sight singing skill will be emphasized in this group.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46417	5-6	AM	Apr3-Jun19	4:00PM-4:50PM	12	Sa	Staff	\$265
46416	5-6	AM	Apr9-Jun25	7:00PM-7:50PM	12	F	Staff	\$265

Moonbeams I

Older and more mature, students in this group are more efficient in their learning ability. Thus, the technique of piano playing as well as high-level composition skill will be emphasized.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46415	7-8	AM	Apr3-Jun19	5:00PM-5:50PM	12	Sa	Staff	\$265
46414	7-8	AM	Apr8-Jun24	7:00PM-7:50PM	12	Th	Staff	\$265

Keyboards for Kids – Level I

This class is a fun introduction to group piano/keyboard lessons for youngsters. You bring your own keyboard to each class. Kids will learn fun songs appropriate to age and skill level, and will develop some simple performing skills by playing with fellow class members. ** Student must provide a keyboard that runs on batteries. Any type of keyboard is okay.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46378	4-8	WCC	Apr24-May22	10:00AM-10:50AM	5	Sa	Thomas	\$109
46379	4-8	WCC	Jun5-Jul3	10:00AM-10:50AM	5	Sa	Thomas	\$109

Keyboards for Kids – Level II

Group piano/keyboard lessons. This class is the next step for kids who have completed keyboards for kids level one, or a similar introduction-type keyboard class. Your child will learn to read music, and develop more playing skills. Lots of personal attention is given and assignments are based on age and skill level of each individual. Student must provide a keyboard that runs on batteries. Any type of keyboard is okay.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46381	4-15	WCC	Apr24-May22	11:00AM-11:50AM	5	Sa	Thomas	\$109
46382	4-15	WCC	Jun5-Jul3	11:00AM-11:50AM	5	Sa	Thomas	\$109

Keyboards for Older Kids – Level I

Fun & exciting group piano/keyboard lessons! Kids will learn to read music and play using proper technique. Playing with other class members will develop performing skills. Assignments are based on age and skill level. And lots of personal attention is given to each student. You bring your own keyboard to each class. ** Student must provide a keyboard that runs on batteries. Any type of keyboard is okay.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46385	7-15	WCC	Apr24-May22	11:00AM-11:50AM	5	Sa	Thomas	\$109
46386	7-15	WCC	Jun5-Jul3	11:00AM-11:50AM	5	Sa	Thomas	\$109

Voice Classes - Youth

Love to sing? Thought about voice lessons but weren't sure? Maybe singing classes are for you! In this course, students will develop vocal skills, including vocal production, breathing, musicianship and interpretation. Sing the songs you love in a warm supportive group. This class focuses on some solo and small ensemble selections. Choose from popular songs, show songs, and children's audition songs. No class April 16 and May 7.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46228	7-11	CCC	Apr2-Jun11	4:30PM-5:30PM	9	F	Billeter	\$105

Voice Class - Teen

In this course you will develop your vocal skills, including vocal production, breathing, musicianship and interpretation. This class focuses on solo or small ensemble selections. No class April 16 and May 7.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46223	12-15	CCC	Apr2-Jun11	5:30PM-6:30PM	9	F	Billeter	\$105

Instant Piano (for busy people)

If you yearn to experience the joy of piano playing, but don't want years of weekly lessons, this short course is for you. In just half a day you can learn enough secrets of the trade to make piano playing a part of your life. While the traditional approach teaches note reading, professional pianists use chords. In this one session you will learn all the chords you'll need to play any song. Then you perfect your technique at home, using an exclusive audio cassette provided by the instructor. It's easy, fun, and musically correct! If you can find middle C on the keyboard, you know enough to enroll in this workshop. Total beginners can request a free prep pamphlet available at the Parks & Recreation Department Office. Materials fee of \$25 (for workbook and audio program) will be collected in class by the instructor.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45196	15 & up	OHAC	May8	9:30AM-12:30PM	1	Sa	Cardwell	\$45

Voice Classes - Adults

Love to sing? Maybe singing classes are for you! In this course you will develop your vocal skills, including vocal production, breathing, musicianship and interpretation. Sing the songs you love in a warm supportive group. This class focuses on solo or small ensemble selections. Sing the great Standards & Show songs, from the 1950's to the present. No class April 13 and May 4.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46227	16 & up	CCC	Apr6-May18	7:30PM-9:00PM	9	Tu	Billeter	\$119

Voice Classes - Intermediate for Adults

This class is offered for those who have had some experience and want to learn more advanced sight-reading skills and vocal techniques. If you are interested in advancing your skills this class is for you. Prerequisite: Past participation in beginning class or instructor approval. No class April 13 and May 4.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46226	16 & up	CCC	Apr6-May25	6:00PM-7:30PM	9	Tu	Billeter	\$119

THEATER ARTS

For more information call (510) 494-4228

Little Stars Theater

Was your little one born to perform? Foster confidence and self-esteem in your child while he/she explores creativity and imagination through fun, fast-paced drama games and activities. A new concept will be introduced each week! The course will culminate in a dramatic presentation for parents and invited guests of The Cat in the Hat. Visit www.KidsTakeTheStage.com. \$10 supply fee due at first class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
44202	3-4	FCC	Apr22-Jun10	4:15PM-5:00PM	8	Th	KTTS	\$105
44203	5-6	FCC	Apr22-Jun10	5:15PM-6:00PM	8	Th	KTTS	\$105

Little Stars on Camera

Very young children have a natural gift for self-expression! In this class students will work with professional television studio equipment, including lights, boom microphones, and studio backdrops to learn how to use that self-expression to act for the camera. Such techniques to be covered will include: speech & diction, listening & concentration, facial expression, body language, script delivery, and audition techniques. This class is guaranteed to help promote self-confidence, imagination, and teamwork skills. At the conclusion of the class, all students will receive a professional DVD of selected works from the class. Enrollment limited. For more information please visit us on line at www.KidsTakeTheStage.com. No class May 31.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
44210	5-6	FCC	Apr19-Jun14	5:00PM-5:45PM	8	M	KTTS	\$89

Junior Filmmaking Camp

Ever wonder what it would be like to write, film and direct your own movie? In this 5-day workshop students will do just that! By working together the students will write, produce, and direct their very own mini movie. To this end, the students will work with top digital camera equipment, lighting, and an array of high quality studio equipment. What is more, students will edit their project with the industry standard video software, Final Cut pro! This class will without a doubt challenge students to their highest potential of creativity, workmanship, and teamwork. Let your child make movie magic with us this spring break! Enrollment limited to ensure the highest quality for each student. Materials fee of \$35 due at class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
44216	6-10	CP	Apr12-16	8:00AM-3:00PM	5	M-F	KTTS	\$325
44217	11-17	IRCC	Apr12-16	8:00AM-3:00PM	5	M-F	KTTS	\$325

Performing Arts Camp

Lights! Curtain! Act! In this dynamic theater camp students take center stage, as they engage in the marvels of live theater! During the course of the workshop students act their way through a series of high-energy drama games, kid improve and scripted dialogue that they help write. What is more, the students spend an entire day devoted to learning the art of stage character makeup and costume design! At the conclusion of the camp, the students perform for family and friends, complete with student made costumes and cool makeup! Don't let you child miss out on a week filled with excitement, fun, and discovery. To catch a preview of last years spring drama camp, visit our website at www.KidsTakeTheStage.com. Enrollment limited to ensure the highest quality for each student. Materials fee of \$35 due to instructor at class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
44195	6-10	FCC	Apr12-16	8:00AM-2:00PM	5	M-F	KTTS	\$325
44196	11-17	CCC	Apr12-16	8:00AM-2:00PM	5	M-F	KTTS	\$325

Imagination Station Extended Care

For those students who need to stick around Kid Take The Stage presents our Imagination Station Extended Care! Students engage in a number of visual art projects, including photo- montage, flip-book animation, water coloring, sculpting, and more. Waiting for that ride home need not be boring any longer. Come and explore with us!

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
44197	6-10	FCC	Apr12-16	2:00PM-6:00PM	5	M-F	KTTS	\$199
44198	11-17	CCC	Apr12-16	2:00PM-6:00PM	5	M-F	KTTS	\$199

COMMUNITY INTEREST

The City of Fremont presents:

FREE! Kids n' Kites Fun Festival

For more information about this event call
(510) 790-5520

Sponsored by the Fremont Swim School
Saturday, May 29, 11 a.m. to 4 p.m.
Central Park East, Stevenson Blvd.

Featuring FREE:

Kite Flying Demonstrations, Interactive Games, Dance
Performance, Magician, Family Music Concert, Prizes &
Giveaways & Much More!

Central Park/Lake Elizabeth

Central Park (which includes the Softball Complex and the
Fremont Tennis Center) offers many recreational opportu-
nities. There are playground areas, reservable group picnic
areas, (as well as picnic areas offered on a first come/first
serve basis), softball fields, snack bars, soccer fields, tennis
courts, and fishing in Lake Elizabeth, boat rentals, a 1-1/2 mile
exercise course and a 2-mile pathway around the lake for
walking.

In addition to Central Park, the City of Fremont has many
neighborhood parks and community centers. For more
information about Fremont's Park system, call the Central
Park Visitor's Service Center at (510) 790-5541. You can
reach the Softball Complex at (510) 790-5520 and the
Tennis Center at (510) 790-5510.

Central Park/Lake Elizabeth

40000 Paseo Padre Parkway, (510) 790-5541
85-acre lake-2 mile path around lakeshore.

Daily lake hours: 8 a.m. - 5 p.m.

Private boat launch fees: \$7.00 per day. One life preserver
required for each person in boat. Life preservers may be
rented.

FACILITY RENTALS

Looking for a place to hold a party, special event or
business meeting?

Indoor Sites

Centerville Community Center

3355 Country Drive, (510) 791-4324
Dining up to 230-person capacity, meetings up to 275-
person capacity

Central Park Visitor's Service Center

40000 Paseo Padre Parkway, (510) 790-5541
Meetings up to 30-person capacity

Fremont Community Center

40204 Paseo Padre Parkway, (510) 791-4340
Up to 110-person capacity

Wally Pond Irvington Community Center,

41885 Blacow Road, (510) 791-4334
Meetings up to 85-person capacity

Los Cerritos Community Center

3377 Alder Avenue, (510) 791-4351
Dining up to 150-person capacity, meetings up to 200-
person capacity

Olive Hyde Program Center

123 Washington Boulevard, (510) 494-4228
Meetings up to 75-person capacity

Warm Springs Community Center

47300 Fernald Street, (510) 791-4318
Dining up to 150-person capacity, meetings up to 225-person
capacity

Teen Center

39770 Paseo Padre Parkway, (510) 790-5541
Dining/Meeting maximum 240-person capacity; smaller room for
50-60 available.

Historical Sites

Vallejo Adobe

36500 Niles Boulevard, (510) 790-5541
Maximum capacity-100 persons

Shinn Historical Park and Arboretum

1251 Peralta Boulevard, (510) 790-5541
Maximum capacity-200 persons

Outdoor Sites

Picnic Areas

To reserve sites at Central Park or for information about Lake
Elizabeth, call (510) 790-5541.

We now offer reservable picnic sites at various community
centers as well.

Skate Park

Call the hotline, 39770 Paseo Padre Parkway, at
(510) 494-4230.

Softball or Soccer Fields

Call the Sports Complex, 1110 Stevenson Boulevard, at (510)
790-5520.

Tennis or Volleyball

Call the Tennis Center, 1110 Stevenson Boulevard, at
(510) 790-5510.

Drop In Basketball

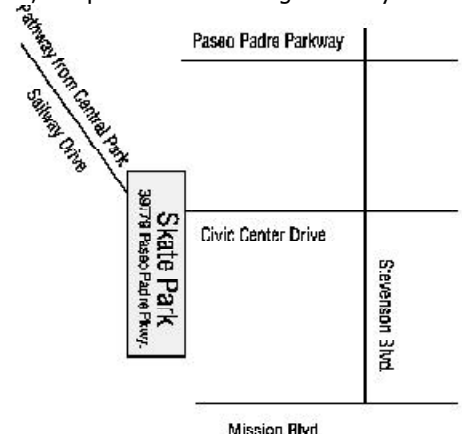
Call the Irvington Community Center, 41885 Blacow Road, at
(510) 791-4334.

Fremont Skate Park! Absolutely Free!

Come practice all the latest techniques. Designed for skate-
boarders and in-liners, the park has something for everyone

from novice to pro. **The park is
closed from
November to
March.** All

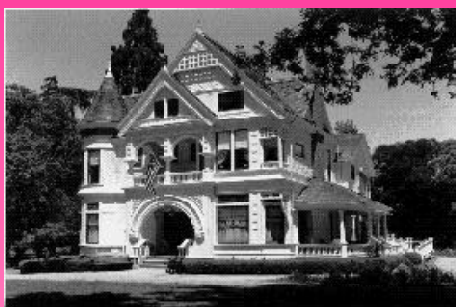
participants must
wear a helmet, 2
knee pads and 2
elbow pads. Want
updates? Call the
hotline at
(510) 494-4320.



Ardenwood Historic Farm

**34600 Ardenwood Boulevard
Fremont, California 94555
House Office: (510) 791-4196
Park Office: (510) 796-0199**

Take Interstate 880 to Dumbarton Bridge turnoff. Go West on Highway 84 and take Ardenwood Blvd., exit. Turn right at the signal and look for the Ardenwood sign.



The Patterson House at Ardenwood farm will be opening for 2004 on Thursday, April 1st. We will be offering tours Thursday through Sunday.

This 19th century house museum offers visitors a glimpse into Victorian life. Tours last approximately 45 minutes and include 16 of the home's 18 rooms. This is a living history museum with changing displays of clothing and artifacts and occasional demonstrations of Victorian life and crafts including lace making and cooking demonstrations.

For information on Patterson House and for volunteer opportunities, call (510) 791-4196 or visit the City of Fremont website at www.fremont.gov and look under "Recreation".

Ardenwood Historic Farm is open Tuesday - Sunday 10:00 a.m. - 4:00 p.m. (closed Monday). Call East Bay Regional Center District, (510) 796-0199 for information on farm activities or check their website at www.ebparks.org.

Our upcoming special events are:

The Gathering of the Scottish Clans

Saturday - April 3 10 a.m. - 4 p.m.

Fire Truck Day

Saturday - May 15

Civil War Days

Saturday, Sunday and Monday - May 29, 30, & 31

Celtic Festival

Saturday - June 12

Old Fashioned Independence Day

Sunday - July 4

Olive Hyde Art Gallery

**ALWAYS FREE!
123 Washington Blvd.
Fremont, CA 94539
(510) 791-4357**



Across from historic Mission San Jose
For more information, call the Gallery at (510) 791-4357

Gallery Hours:

Thursday - Sunday • 12 noon to 5 p.m.

Receptions are held on the noted days from 7 p.m. - 9 p.m., sponsored by the Olive Hyde Art Guild. Group tours are available by appointment.

Be sure to call the Olive Hyde Art Gallery at (510) 791-4357 to verify time and date of workshops.

GARDEN TO GALLERY

Fri. April 2 – Sat. May 8

Artists: Traci DeCamp, Carolyn Lord and Sarah Waggoner

Reception Friday April 2nd, 7 - 9 p.m.

Fri. May 21 - Sat. June 26

36th ANNUAL TEXTILE EXHIBIT

Reception Friday May 21st, 7 - 9 p.m.

The Olive Hyde Art Gallery has a long history of the annual Textile Exhibit. It started with the recognition of the original founder, Miss Olive Hyde. Miss Hyde has been described as an avid historian, conservationist, musician and teacher, as well as a Textile Art enthusiast. In 1962 she granted to the City of Fremont the property and buildings that house the Olive Hyde Art Gallery, Studio Art and the Olive Hyde Art Center. The Annual Textile Exhibit continues into its 36th year. In recognition of her foresight into the future and her quest to bring art to the Fremont community, this year's exhibit will continue to feature quality work in the traditional Textile & Fiber Art. In addition, this exhibit will include a variety of work from contemporary artists who incorporate fibers as a material or concept.

**The Olive Hyde Art Gallery and Patterson
House are owned and operated by the City of
Fremont Parks & Recreation.**

TEEN NEWS

APRIL - JUNE 2004

SPRING BREAK 2004 & SPRINGTIME EVENTS

Goofy Games & Night Time Egg Hunt

Friday, April 2 7:00 p.m.

GET READY FOR MESSY FUN! Whipped cream relays, upside down egg toss contests and rubber chicken races are just a few of the activities happening this night. We'll end the event with an in-the-dark egg hunt and door prize drawing (Bring a flashlight!) Fee includes snack and game materials. Fee is \$7 in advance / \$10 at the door. For more information call Gary at (510) 494-4388 or email rdein@ci.fremont.ca.us.

Sweets Tour field trip

For more information, call (510) 494-4384

See how chocolate is made and taste other sweet delights! Come along as we tour Bay Area candy factories and stores to get the behind the scenes 'scoop' on confections. Final itinerary available in April. Fee includes supervision, transportation, all kinds of special treats and several entrance fees.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
46471	11-17	TNC	Apr16	9:30AM-3:00PM	1	F	\$49

Teen Spa Retreat

For more information call (510) 494-4384

Know how to do a manicure? What foods in your kitchen make great, inexpensive beauty products? Learning how to take care of your skin, hair, nails and yourself. There will be hands-on sessions applying make-up, (ages 13-17) mini-facials and manicures. This program will be lead by cosmetology professionals. All supplies are included.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
46468	10-12	TNC	Apr13-15	9:00AM-12:00PM	3	Tu-Th	\$139
46473	13-17	TNC	Apr13-15	1:00PM-4:00PM	3	Tu-Th	\$139

Junior High Dance

Friday, April 9 7:00-9:30 p.m. \$10

School's out for a whole week! Celebrate at the Spring Break dance on your first day of vacation, Friday, April 9th. The DJ will be Miguel "Hightop" Fonseca and the Hightop Posse. (See more info under special events)

Spring Break Trip Camp

Sign up for one or all three days! Instead of just watching soap operas during Spring Break, come out and have fun in the real world! Tuesday: we will BART to the 'Zeum and the Metreon in San Francisco. In the Animation Workshop, we will learn the basics of claymation through the stop motion process and make our own short film - just like Gumby! Wednesday: We will play miniature golf on a glow-in-the-dark course, check out the Great Mall and roller skate the day away in Milpitas! Thursday: We're going HANG TEN at Boomers in Livermore. We will battle in their Bumper Boats, win prizes at the arcade games, ride the Go-Karts when you feel the need for speed and dodge lasers and have a shoot-out with your friends in Lazer Tag. Final itinerary will be ready in April. We'll depart from and return to the Teen Center. Teen Program staff will take you on these trips around the Bay Area by City vans, buses or by BART. Fees include transportation, entrance fees, snacks and supervision. Bring a bag lunch or money for lunch and souvenirs each day! All trips are from 8:30 a.m.-4:30 p.m. Monday through Friday. For more information, call Rena at (510) 494-4876 or email her at rdein@ci.fremont.ca.us.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
46464	11-15	TNC	Apr13-15	8:30AM-4:30PM	3	Tu-Th	\$109
46465	11-15	TNC	Apr13	8:30AM-4:30PM	1	Tu	\$39
46472	11-15	TNC	Apr14	8:30AM-4:30PM	1	W	\$39
46467	11-15	TNC	Apr15	8:30AM-4:30PM	1	Th	\$39

SPECIAL EVENTS

Junior High Dances

April 9 and May 14 7:00-9:30 p.m.

School's out for a week! Celebrate at the Spring Break dance on your first day of vacation, **Friday, April 9th**. The DJ will be Miguel "Hightop" Fonseca and the Hightop Posse. After that, the next citywide junior high dance is scheduled for **Friday, May 14th**. Both dances will be held at the Teen Center in Central Park/Lake Elizabeth (39770 Paseo Padre Parkway). Dance hours are from 7-9:30 p.m., and you must have a student ID card from a Fremont area junior high school to attend. There will be NO ADVANCE TICKET SALES. Tickets will be available at the door only (\$10 admission fee). Teens: If you get free lunch at school, you may qualify for free entrance. **For more information and to get on the VIP mailing list for future dances, call (510) 494-4384 or e-mail Ramona at rmcgary@ci.fremont.ca.us.** Parents: If you'd be willing to chaperone any of the dances, please call the above number or contact us by e-mail.

CSI Crime Scene Investigation Mystery Night

For more information call (510) 494-4876

Have you always loved reading mysteries or watching them on TV? Come be part of the CSI team and help investigate and solve a crime. You will uncover many clues, analyze fingerprints and other evidence and interview witnesses. It looks glamorous on TV - find out the truth and what it takes to make forensic science a career. Prizes will be awarded to the most successful investigators - snacks are provided for everyone. Fee includes all materials and a binder with forensic science experiments you can do at home!

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
45674	11-15	TNC	Apr30	7:00PM-9:15PM	1	F	\$15

It's all happening at the Teen Center!

39770 Paseo Padre Parkway

(To get to the center, turn into Sailway Drive, make a left at the horseshoe-shaped parking lot.)

Show Us Your Talent!

Come audition for the citywide Teen Talent Show

Attention singers, dancers, musicians and actors! WE WANT YOU to come show us your talent! All junior high and high school students are invited to attend auditions for the citywide talent show (scheduled for Sunday, May 2). **Audition dates are Monday, April 12 and Tuesday, April 13 at the Teen Center in Central Park (39770 Paseo Padre Parkway). Call (510) 494-4384 to schedule your audition time.**

Teen Band Nights - East Bay Blend Show

Saturdays, May 1 & June 26 6:00-7:30 PM

Pre-Show Open Mic - \$2 at the door

Main show 7:30-10:30 PM - \$5 at the door

Listen to some of your favorite and upcoming local bands rock the house with various styles of music. Grab a friend and join us in this possible witnessing of the next big band to come out of Fremont. This is a substance-free event. All profits are used for teen activities. The featured bands will pre-sell tickets, so get them early as space is limited and you don't want to be left out!

NEW! Pre-Show Open Mic: We will also feature stage time for new bands/musicians / etc. who want to see what it's like. Bring your friends and family to see you perform a couple songs and you might make it to the featured stage at a future gig. New and established bands: If you would like to perform at either show, call Gary Esch at (510) 494-4388 or email him at gesch@ci.fremont.ca.us, and he'll give you the details.

Citywide Teen Talent Show

Sunday, May 2, 2004

Come see "Talent in the City", as local junior high and high school students strut their stuff at the 2nd annual teen talent show. The event will be held at the Teen Center in Central Park (39770 Paseo Padre Parkway) on Sunday, May 2nd, starting at 4 p.m. Admission is \$5. For more information, call (510) 494-4384 or e-mail rmcgary@ci.fremont.ca.us

6th Grade End-of-School Dance Party

June 11th for graduating 6th graders

DJ spinnin' discs • Billiards (pool) • Ping Pong
Dance contests • Large-screen Movies • Foosball
\$1 Snacks or Soda • Air Hockey • Win prizes!
\$3 Digital Photo booth - get all your friends in one picture!

All this for \$7 in advance \$10 at the door Space is limited so sign up in advance! First 50 registered get a FREE COTTON CANDY or POPCORN.

If you are paying at the door, your parent will need to sign you in as proof you graduating from 6th grade and live in or attend a school in Fremont. To register in advance, go to the City of Fremont Parks & Recreation Office, 3300 Capitol Avenue, Building B, Monday - Friday 8:30 a.m.-5:00 p.m. or register online no later than Thursday, June 10th. (to get the earlybird price) For more info, contact Rena at (510) 494-4876 or by email at rdein@ci.fremont.ca.us.

BAR	AGE	LOC	DATES	TIME	DAY	FEE
46643	6th Grade	TNC	Jun11	7:00- 9:30PM	F	\$7 in advance \$10 at the door

ENRICHMENT CLASSES

Intro to Public Speaking

Good communication skills are essential to success in school, career and life. Student grades depend on class participation. Professionals with exceptional communication skills are generally more successful. Students can learn good communication skills more effectively than adults. This class teaches students how people communicate (verbal vs. non-verbal), and how to improve speech writing, overcome fear, increase vocal dynamics, and enrich gestures, body language, eye contact, and how to use visual aids while speaking. Students will practice numerous impromptu and informative speeches to improve speaking skills. Formal presentations will be videotaped and a copy will be given to the family. Parents are invited to watch the final speeches. A college professor who specializes in public speaking or high school coach teaches this class. \$25 material fee due at first class. Instructor: Communication Academy. For more information call (510) 494-4876 or (408) 777-8804 or email infor@commacademy.com. NEW CLASSES for 9-11 year-olds! No class April 13 & 15.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
46474	11-14	TNC	Mar31-Jun9	3:45PM-4:45PM	10	W	\$245
46608	9-11	TNC	Apr2-Jun11	3:45PM-4:45PM	10	F	\$245
46609	9-11	TNC	Apr2-Jun11	5:00PM-6:00PM	10	F	\$245

Introduction To Debate

The ability to debate effectively by presenting persuasive arguments is essential to success in school, career and life. Many successful people, such as Presidents and Corporate Executives, contribute their outstanding success to debate training. This class introduces students to the basic debate skills that include active listening, critical thinking, reasoning and the art of persuasion. Students will research for credible evidence, formulate their positions and articulate their claims and arguments with solid evidence. Students will improve their debate skills from practicing Student Congress Debate formats. Parents are invited to watch the final debate. A college professor who specializes in Debate or high school coach teaches this class. For more information see www.commacademy.com. For more information, please call (510) 494-4876 or (408) 777-8804 or email at infor@commacademy.com. \$15 material fee due first day of class. Instructor: Communication Academy. No class April 13.

BAR	AGE	LOC	DATES	TIME	#	DAY	FEE
46475	11-14	TNC	Mar31-Jun9	5:00PM-6:00PM	1	W	\$245

Table Tennis Lessons

Been playing ping-pong in the garage? Don't even have a garage? Come play the Olympic sport of table-tennis at the Teen Center! Learn from 15-time national champion and Fremont native Shashin Shodhan who reached the Olympic level as first alternate on the 2000 US Olympic Team. He will share his international experience with his hometown pre-teens and teens. Group lessons (6 people per class), semi-private lessons (2-3 students per class) and individual private lesson are available. Sign up now as class size is limited.

LVL	BAR	AGE	LOC	DATES	TIME	DAY	FEE
All - pvt	46774	All	TNC	Apr19-Jun8	5:45-6:45PM	M	\$199
Beg-group	46718	7-11	TNC	Apr20-Jun8	3:15-4:15PM	Tu	\$99
	46771	12-17	TNC	Apr20-Jun8	5:45-6:45PM	Tu	\$99
Beg-semi-pvt	46770	7-11	TNC	Apr20-Jun8	4:30-5:30PM	Tu	\$149
	46773	12-17	TNC	Apr19-Jun8	4:30-5:30PM	M	\$149
Inter-group	46769	7-11	TNC	Apr22-Jun10	3:15-4:15PM	Th	\$99
	46768	12-17	TNC	Apr22-Jun10	5:45-6:45PM	Th	\$99
Inter-semi-pvt	46772	7-11	TNC	Apr19-Jun8	3:15-4:15PM	M	\$149
	46719	12-17	TNC	Apr22-Jun10	4:30-5:30PM	Th	\$149

Find Out About These Other Teen Programs Just For You!

<p>Youth Advisory Commission The YAC is a City appointed representative body of teens working for you. They identify teen issues and address the City Council. To confirm day / time of next meeting or for more information, call the YAC Advisor, Rena Dein at (510) 494-4876 or email rdein@ci.fremont.ca.us . Applications accepted quarterly or as needed.</p>	<p>WE NEED A FEW GOOD TEENS for the Teen Center Planning Committee If you have an interest in making the Teen Center a great place for teens to come hang out and get involved with their community, come help us plan some programs, activities that are important to YOU, call Rena at (510) 494-4876 or email her at rdein@ci.fremont.ca.us to be made aware of the planning meetings.</p>
<p>SURF OUR TEEN WEBSITE at www.fremontyouthtoday.com Check out our teen 'zine for Fremont youth on the web. Or sign up for the website staff and help produce it yourself! For more information, call (510) 494-4382. Website production meeting information will be sent to you if you leave your name, address and phone number and email address.</p> <hr/> <p>www.fremont.gov will give you all the happenings in Fremont – just click the Teens tab for the latest info.</p>	<p>Y.O.U.T.H. TODAY is your opportunity to let your voice be heard! YT is a newspaper designed, written & produced by teens in Fremont. Take a look at back issues of Y.O.U.T.H. TODAY & the Inkwell Creative Writing Magazine at www.fremontyouthtoday.com! Call Nathaniel Go, YT Advisor at (510) 494-4382 or email him at ytoday@ci.fremont.ca.us to get put on the Summer 2004 staff list. You will get information on required meeting dates for YT in the mail in March.</p>
<p>Scholarship opportunities available! Teens, are you interested in participating in an activity or event but money is a problem? Call Ramona at (510) 494-4384 or email her at rmcgary@ci.fremont.ca.us to receive an application for a scholarship (this is in addition to the scholarship mentioned elsewhere in this guide! If you qualify by being low income or in need, you can get both forms of assistance).</p>	<p>Get the Teen Zone newsletter! This bi-monthly newsletter is sponsored by Youth Advisory Commission and features all of the recreational activities and volunteer opportunities offered by City of Fremont Departments. Copies are available bi-monthly at all Junior and High Schools (main offices and libraries) , Fremont Main Library, Community Centers, Police Department lobby and other city buildings.</p>
<p>SUMMER'S COMING! Register for the award-winning and popular Youth Service Corps and Junior YSC programs starting Friday, April 9, 2004.</p> <p>New friends! Field trips! Recreation activities! Community service / service learning hours!</p> <p>Registration for the Summer 2004 session of the YSC and the JYSC begins on Friday, April 9, 2004 at the Parks & Recreation Department main office (3300 Capitol Avenue – Building B, Fremont), from 8:30 a.m. until 5:00 p.m. This is the first day of registration for the 2004 session, and registration for both programs will continue until they are full. There will be a registration fee for these programs which will be announced as of April 1st; Weekly field trips are an additional fee and optional.</p>	<p>YSC is a six-week volunteer program, and its participants are teens who'll be entering the 8th - 12th grades in the upcoming school year. In the morning, volunteers complete work projects which benefit the community, and in the afternoon, they participate in recreational activities. Weekly field trips are offered to places such as Waterworld and Great America. JYSC is geared toward those students who will be in the 7th grade during the next school year. JYSC is similar to YSC in content and schedule, but it's designed specifically for preteens. For more information about the registration or the programs, call (510) 494-4384.</p>
<p>What else is up for Summer? – Check out www.fremont.gov and hit the Teens link to find out all of the latest info on teen programs and activities for Summer 2004 including Youth Service Corps, Junior Youth Service Corps, Classes, Teen Trip Camp, Hang Time at the Teen Center, Creative Writing Workshop, Dances and more!</p>	

DANCE

For more information call (510) 494-4320

What should I wear to dance class?

Dance I and II students are encouraged to bring tap shoes and soft slippers. Ballet students are encouraged to bring soft slippers. Creative Dance students may wear soft slippers or bare feet. Hip-Hip students should wear tennis shoes or jazz shoes. All dancers should wear clothing that is comfortable and easy to move in, such as leggings, leotards, sweats or shorts. Ask instructor for a list of local vendors.

NO REFUNDS will be issued after the first day of class.

Creative Dance

A playful exploration of the art of movement for children. Creativity and energy required; no coordination necessary. All boys & girls are welcome.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45679	2-3	LCCC	Apr5-May24	5:15PM-6:00PM	7	M	Snyder	\$59

Dance I - Little Tots

Dance class provides a fun and social introduction to basic tap and ballet dance for toddlers. Young beginners learn dance fundamentals.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45699	2-3	CCC	Apr1-May27	2:30PM-3:15PM	8	Th	Gentry	\$69
45698	2-3	CCC	Apr2-May28	4:00PM-4:45PM	7	F	SHammond	\$59
45696	2-3	CCC	Apr3-May29	9:15AM-10:00AM	7	Sa	SHammond	\$59
45700	2-3	FCC	Apr3-May29	9:30AM-10:15AM	7	Sa	KHammond	\$59

Dance I (Ages 3-4 & 4-6)

A fun & social introduction to basic tap and ballet dance for both boys and girls. Some instructors may also include tumbling for flexibility. Come and join the fun, build mobile skills, and enhance self-esteem and confidence. Tap shoes and ballet shoes are recommended. Children must be toilet trained.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46237	3-4	CCC	Apr2-May28	3:15PM-4:00PM	7	F	SHammond	\$59
45681	3-4	CCC	Apr2-May28	4:45PM-5:30PM	7	F	SHammond	\$59
45683	3-4	WSCC	Apr3-May29	10:15AM-11:00AM	7	Sa	Ulgado	\$59
46305	3-4	FCC	Apr3-May29	10:30AM-11:15AM	7	Sa	KHammond	\$59
45704	4-6	WSCC	Apr3-May29	11:15AM-12:15PM	7	Sa	Ulgado	\$59

Dance I (Ages 7-11)

This class is for both boys and girls. Instruction in basic ballet techniques; tap for rhythm and stretches for flexibility. Come and join the fun, and enhance self-esteem and confidence. Tap shoes and ballet shoes are recommended. Pre-registration is required. Spring session is a continuation from winter session. No new students will be able to register in spring session due to dance recital preparations. Register at the Parks & Recreation Department Office only, using pre-registration form given by Dance instructor. Priority registration is only valid for the time period indicated on your pre-registration form.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46162	7-11	FCC	Apr6-Jun1	6:00PM-7:00PM	8	Tu	Colon	\$65

Jazz 1 for Teens and Adults

This new class will get you moving! Learn beginning jazz technique and have fun dancing to the latest beat. Jazz shoes are recommended for class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46605	13 and up	CCC	Apr6-May25	8:00PM-9:00PM	7	Tu	Mercado	\$59

Salsa and Swing for Adults

A Salsa and Swing dance class just for YOU. Come join the fun and learn these dance styles that have the Latin rhythm and the motion of Swing. No experience needed. Wear comfortable clothing and dance shoes.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45708	18 & up	LCCC	Apr7-May26	8:15PM-9:15PM	7	W	Snyder	\$59

Tap Dance for Seniors I

For Seniors only! A Tap Dance Class for beginners. Learn Tap Dance Routines that will enhance your mobile skills and increase your exercise. Come join the fun! Tap shoes are required.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45711	50 & up	CCC	Apr6-Jun1	9:30AM-10:30AM	8	Tu	Day	\$55

Tap for Adults

Do you want to have fun and learn to tap at the same time? THIS CLASS IS FOR YOU! Beginning to intermediate tap for adults. Rhythmic and Classic tapping techniques will be taught. Tap shoes are required. SIGN UP TODAY and experience the fun rhythms of TAP!

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45710	18 & up	CCC	Apr7-May26	7:50PM-8:50PM	7	W	Day	\$59

Country Line Dance (13 & Up)

If you have ever been interested in Country line dancing, this class is for YOU! Come join the fun as we learn the latest in Country Line Dancing! Singles and couples are welcome! NO EXPERIENCE NEEDED.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45567	13 & up	LOC	Apr6-Jun1	6:00PM-7:00PM	8	Tu	Ingram	\$65

Dance Musical Theatre

It's New! It's Fun! It's Dance Musical Theatre! An exciting fun class where students will learn various dances and dance styles of great choreographers from favorite musicals. Please note that this is not a Musical Theatre class with singing - Just Dance! Both beginners and experienced dancers are welcomed! Jazz shoes are recommended. Students should come dressed to move and have a great time!

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46551	13 & up	LCC	Apr6-Jun1	7:15PM-8:15PM	8	Tu	KHammond	\$65

GYMNASTICS

For more information call (510) 494-4320

What should I wear?

All gymnasts should wear clothing that is comfortable and easy to move in, such as leggings, leotards, sweats or shorts. Ask your gymnastics instructor for more information and a list of local vendors. NO refunds will be issued after the first day of class.

Motoring Munchkins

Boogie down babies! Want a class designed especially for you and your little munchkin? Well this one's for YOU! Come and play with your little one while they develop their motor skills and have fun with other little babies just like yours. This is a parent and me class with lots of colors and fun music!

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45801	16-23mos	LCC	Apr1-Jun3	9:00AM-9:45AM	9	Th	Mojaddidi	\$85
45802	16-23mos	CCC	Apr5-Jun7	9:00AM-9:45AM	8	M	Ingram	\$79

Rompergym

Come PLAY with us! Bring your child and explore having fun while your little one enhances motor movement and social skills. This program encourages your child to play while building strong coordination and muscle groups. Parents provide positive support and physical assistance. Sessions will include simple mat exercises to music, rhythm games, parachute play, ball skills, balance beam and other activities that promote learning. Each child must be accompanied by at least one parent.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45804	2-3	LCC	Apr1-Jun3	10:00AM-10:45AM	9	Th	Mojaddidi	\$85
45805	2-3	LCC	Apr2-Jun4	10:30AM-11:15AM	9	F	Bhenson	\$85
45807	2-3	WSSC	Apr2-Jun4	5:30PM-6:15PM	9	F	Tyagi	\$85
45803	2-3	CCC	Apr3-Jun5	9:00AM-9:45AM	9	Sa	Ingram	\$85
45808	2-3	LCCC	Apr3-Jun5	10:00AM-10:45AM	9	Sa	Schmidt	\$85
45806	2-3	CCC	Apr5-Jun7	10:00AM-10:45AM	8	M	Ingram	\$79

Pee Wee Tumbling

It's time to Tumble and Roll! Great class for your little munchkin to have fun and learn the beginning steps needed to begin first level of movement for basic gymnastics. Participants will learn to develop their balance, coordination and strength, while having fun learning tumbling, beam walking and other beginning tumbling skills. Little gymsters should wear comfortable clothing to class. Children must be toilet trained.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45813	3-4	LCCC	Apr1-Jun3	11:00AM-11:45AM	9	Th	Mojaddidi	\$85
45811	3-4	LCCC	Apr2-Jun4	11:30AM-12:15PM	9	F	Bhenson	\$85
46607	3-4	WSSC	Apr2-Jun4	4:30PM-5:15PM	9	F	Tyagi	\$85
45810	3-4	LCCC	Apr3-Jun5	9:00AM-9:45AM	9	Sa	Schmidt	\$85
45812	3-4	CCC	Apr5-Jun7	11:00AM-11:45AM	8	M	Ingram	\$79
45809	3-4	WSSC	Apr5-Jun7	3:45PM-4:30PM	8	M	Ingram	\$79
45814	3-4	LCCC	Apr6-Jun8	4:45PM-5:30PM	9	Tu	Tyagi	\$85
45817	4-5	LCCC	Apr1-Jun3	11:45AM-12:30PM	9	Th	Staff	\$85
45816	4-5	LCCC	Apr2-Jun4	12:30PM-1:15PM	9	F	Bhenson	\$85
45818	4-5	WSSC	Apr2-Jun4	5:30PM-6:15PM	9	F	Tyagi	\$85
45819	4-5	CCC	Apr3-Jun5	10:00AM-10:45AM	9	Sa	Ingram	\$85
45815	4-5	WSSC	Apr5-Jun7	4:30PM-5:15PM	8	M	Ingram	\$79

Pre-Gymnastics

The gymnastics program offers classes at different levels for boys and girls. Classes provide participants with developmental bodybuilding and coordination activities basic to all sports while developing skills specific to gymnastics. Pre-Gymnastics is a transition class between Pee Wee Tumbling and Gymnastics.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45822	5-6	LCC	Apr2-Jun4	4:30PM-5:30PM	9	F	GHenson	\$85
45820	5-6	LCC	Apr3-Jun5	11:00AM-12:00PM	9	Sa	Schmidt	\$85

Beginner

The gymnastics program offers classes at different levels for boys and girls. Classes provide participants with developmental bodybuilding and coordination activities basic to all sports while developing skills specific to gymnastics. Gymnastics-Beginner does not require Pee Wee tumbling as a prerequisite. Student may move to Advance-Beginner upon teacher's recommendation.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45824	6-12	LCC	Apr2-Jun4	5:30PM-6:30PM	9	F	GHenson	\$85
45823	6-12	CCC	Apr3-Jun5	11:00AM-12:00PM	9	Sa	Ingram	\$85
45825	6-12	LCC	Apr6-Jun8	3:30PM-4:30PM	9	Tu	Tyagi	\$85

Advanced Beginner

The gymnastics program offers classes at different levels for boys and girls. Classes provide participants with developmental bodybuilding and coordination activities basic to all sports while developing skills specific to gymnastics. Gymnastics-Advanced Beginner will teach knowledge of all apparatus and basic moves (cartwheel, forward roll, backward roll, tuck, and straddle).

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45826	6-12	LCC	Apr2-Jun4	6:30PM-7:30PM	9	F	GHenson	\$85

Cheerleading

Now this is something to Cheer about! Have your child ever wanted to play with Pom-Poms and wish they were a Cheerleader? Their dream can now be a reality! Come learn the latest moves, routines, and cheers that will help WIN any game, GO Team GO! This class is designed to help build self-esteem, physical strength and endurance. Beginners will learn the basics skills to advance forward. The more advanced will improve their skills to a higher level. By the end of session, the children will be ready for in-class cheerleading competition with their peers. Equipment is optional and available for purchases from the instructor during class session.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45828	5-7	LCC	Apr1-Jun3	3:30PM-4:10PM	9	Th	kidSAFE	\$75
45829	8-13	LCC	Apr1-Jun3	4:15PM-5:00PM	9	Th	kidSAFE	\$75

NEW!

Pilates for Adults

This class emphasizes on stretching techniques that will increase your strength and flexibility and enhance your daily activities. Floor mats will be used. Participants should wear comfortable clothing that will allow room for stretching out.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46616	18 & up	LCCC	Apr1-May27	12:30PM-1:30PM	8	Th	Staff	\$89
46617	18 & up	LCCC	Apr1-May27	1:45PM-2:45PM	8	Th	Staff	\$89
46614	18 & up	LCCC	Apr6-Jun8	10:45AM-11:45AM	8	Tu	Staff	\$89
46615	18 & up	LCCC	Apr6-Jun8	12:00PM-1:00PM	8	Tu	Staff	\$89

HEALTH & FITNESS

tap into
your natural
energy source

cardio strength stretch

fresh moves, new music,
pure motivation

jazzercise
it shows.

JAZZERCISE!

It shows!

Redeem this coupon for your

\$7/wk - unlimited classes!

8-week minimum, 12-week maximum.
Valid for new students only or those who
have not attended for 6 months or longer.
No cash value. Limit one per customer.
Jazzercise located at
47300 Fernald Street in Fremont.

For more information call (510) 791-4318

A total body conditioning program that combines dance technique with exercise physiology to create a simple, but effective workout. Jazzercise is carefully designed to increase flexibility, muscle tone and strengthen stamina and cardiovascular fitness. Students under the age of 18 may attend with a permission slip from a parent or legal guardian. For complete class and fee information, contact the instructor listed below. Registration is taken at the door only, registration is ongoing, sign up anytime! No class May 31. Instructor: Carol Greene (510) 796-9060

Warm Springs Community Center
47300 Fernald Street

Mon/Wed	7:00PM	Jazzercise
Tues	6:00PM	Jazzercise
Thurs	6:00PM	Body Sculpting alternating with Cardio Quick
Sat	8:30AM	Jazzercise Plus

MEDITATIVE ARTS

For more information call (510) 791-4318

Introduction to Feldenkrais

With the Anat Baniel Method of Feldenkrais you will learn how to reduce effort and increase awareness to improve how you move and feel. Try this introductory series to improve comfort, enhance performance, and improve flexibility and balance. Unlike massage, this method does not just relax muscles; it provides you with the information to make permanent change. It works to bolster energy and expand abilities in every area of your life. After this series of 4 lessons, you will have the tools to be successful in any Feldenkrais group movement class. In group classes, students are verbally instructed through a series of movements that are performed with gentleness and focus. Wear loose comfortable clothing. Mats will be provided.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46192	18 & up	CPVC	Apr8-29	6:45PM-8:45PM	4	Th	Bowers	\$59
46193	18 & up	CPVC	May13-Jun3	6:45PM-8:45PM	4	Th	Bowers	\$59

T'ai Chi-Chi Kung

Breathe in vital life energy (known as qi, pronounced chee) and cultivate a calm center of clarity with flowing graceful movements that energize and harmonize. Discover 'serenity in the midst of activity' through easy and direct application of these meditative movement forms. These gentle arts promote focus and awareness by our conscious action and are also dynamic health disciplines, which rejuvenate and develop internal strength - a sense of vibrant being! Class notes: Special movement themes are presented which highlight the energy balancing principles and enhance health qualities. This class format facilitates a thorough introduction for the beginning student and a refined understanding of integration for continuing students. Please wear comfortable clothing and flat-soled flexible shoes. Instructional materials will be available in class. Instructor: Ruczunski-Salada

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46453	16 & up	WSCC	Apr27-May25	7:30PM-8:45PM	5	Tu	Staff	\$39
46454	16 & up	WSCC	Jun1-29	7:30PM-8:45PM	5	Tu	Staff	\$39
46455	16 & up	WSCC	Apr27-Jun29	7:30PM-8:45PM	10	Tu	Staff	\$69

Meditation Methods for InnerPeace

An introduction to a variety of authentic meditative arts is presented in an effective, well-balanced sequence. Practices of Conscious Action: (gentle stretching and flowing movements), alternating with Centered Stillness: (focused breathing and steady concentration) encourage an inner environment of peaceful energy. Practice cultivates and progressively deepens relaxation, calmness, clarity, and a natural ease in being. The many wholistic benefits of developing regular meditative practice are increasingly recognized and promoted by health professionals. Individuals exploring meditative arts begin to directly experience positive effects often including a fresh, open outlook of life's possibilities. STUDENTS: Please read Notes at end of Yoga for Restoring Life Energy description, as they all apply to this course. Meditation Methods do include a variety of yoga styles' techniques and equally those of t'ai chi & qigong, e.g. Instructor: Ruczynski-Salada

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46461	18 & up	CPVSC	Apr26-May24	6:30PM-7:45PM	5	M	Staff	\$39
46463	18 & up	CPVSC	Jun7-Jul12	6:30PM-7:45PM	5	M	Staff	\$39
46462	18 & up	CPVSC	Apr26-Jul12	6:30PM-7:45PM	10	M	Staff	\$69

Improve Your Posture, Ease Your Pain

Tired of chronic back pain, stiff shoulders, tight neck? Start the year 'on the right foot' and take this workshop. You will learn skills that you can apply immediately to everyday activities. You will learn to sit, stand and bend with ease, rediscover the natural mobility of your joints, and breathe more fully. Wear comfortable clothes, no tight jeans or short skirts please. Class is a combination of instruction and practice.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46642	16 & up	IRCC	Apr3	1:00PM-4:00PM	1	Sa	Sawyer	\$39

Health & Fitness

Meditative Arts

Therapeutic Yoga

This class is designed specifically for those suffering or recuperating from injury or chronic illness such as Heart Disease, Hypertension, Chronic Pain, Cancer, Arthritis, Multiple Sclerosis, or Muscular Dystrophy. Students must be ambulatory, with or without assisting devices. Yoga is an ancient study that incorporates body movement and breath awareness to produce physical and mental health. This class will introduce the basics of yoga and will be adapted to each participants' ability. Focus will be placed on breathing techniques and physical alignment to help reduce stress, tension, fatigue and pain, and improve stamina, coordination and range of motion. Not available for Internet registration. Continuing Therapeutic Yoga students have priority when registering. New students may register for the Spring session (class sessions starting in May, and June) beginning April 1. No class April 10.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46187	16 & up	IRCC	May1-15	9:00AM-10:15AM	3	Sa	Sawyer	\$29
46188	16 & up	IRCC	May22-Jun5	9:00AM-10:15AM	3	Sa	Sawyer	\$29

Stress Reduction Mind & Body

For more information call (510) 574-2050

Caring for a spouse or parent with significant physical and intellectual problems can be extremely stressful. It is high on the list of things that can cause accidents, medical illness, and great emotional strain. Often we don't even know this is occurring, at least until something bad happens. If you are a caregiver, you no doubt have a great store of inner strength. Learn how to bring those strengths to bear in taking care of yourself, while you take care of others. We will look at how to use the mind and body to reduce stress. You will learn ways to stay healthy while still caring for your loved one, and to recognize the signs indicating that you need to take care of yourself. This course takes place over a 7-week period. The fifth class period will be an all day retreat from 10:00 a.m. to 4:00 p.m. City Of Fremont Human Service Department sponsors this workshop.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46552	8 & up	FRC	Apr28-Jun9	10:00AM-12:30PM	7	W	Rothschild	\$175

MARTIAL ARTS

For more information call (510) 791-4351

Tiny Tigers

Learn one of the most popular styles of martial arts taught throughout the world today. Parents will be proud to know that our kids' martial arts program has won awards for improving children's self-esteem, self-confidence and self-discipline while in a fun exercise program. All of our Martial Arts Instructors are certified black belts and are highly qualified to instruct. Official school uniform is required. Purchase for \$49 at first class. *These are introductory classes only. No class May 31.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46214	4-5	MAA	Mar29-Jun14	4:45PM-5:15PM	11	M	MAA	\$145
46215	4-5	MAA	Mar30-Jun15	3:30PM-4:00PM	12	Tu	MAA	\$159
46216	4-5	MAA	Apr1-Jun17	12:15PM-12:45PM	12	Th	MAA	\$159
46217	4-5	MAA	Apr1-Jun17	4:45PM-5:15PM	12	Th	MAA	\$159

Taekwondo – Karate for Kids

Learn one of the most popular styles of martial arts taught throughout the world today. Parents will be proud to know that our kids' martial arts program has won awards for improving children's self-esteem, self-confidence and self-discipline while in a fun exercise program. All of our Martial Arts Instructors are certified black belts and are highly qualified to instruct. Official school uniform is required. Purchase for \$49 at first class. *These are introductory classes only. Note: Classes are held at different times each day. Mondays: 6:00-6:45 p.m. Tuesdays: 4:00-4:45 p.m. Wednesdays: 3:30-4:15 p.m. Thursdays: 6:00-6:45 p.m. No class April 24, May 22 and May 31.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46230	6-11	MAA	Apr5-May12	6:00PM-6:45PM	12	MW	MAA	\$179
46231	6-11	MAA	Apr6-May13	4:00PM-4:45PM	12	TuTh	MAA	\$179
46232	6-11	MAA	Apr10-Jun26	9:30AM-10:15AM	10	Sa	MAA	\$149
46233	6-11	MAA	May17-Jun23	6:00PM-6:45PM	11	MW	MAA	\$165
46234	6-11	MAA	May18-Jun24	4:00PM-4:45PM	12	TuTh	MAA	\$179

Yoga for Restoring Life Energy

Learn time-honored principles of Yoga for restoring and cultivating life energy (prana). While practicing traditional Yoga postures (asana), with steady concentration (dhrana), physical-emotional well being and a broader sense of Self emerges. Yoga poses are designed with variations to balance less and more flexible areas; encouraging a wholesome and personalized approach to practice. Contemplative breathing (pranayama) and deep relaxation (savasana) reflect our natural progression - rejuvenating to radiating vibrant energy - Discover the beauty of awakening your spine in realignment of posture and the calm confidence in your presence while centering in the core of your being. Contemplative breathing and deep relaxation practices reflect our natural progression, from rejuvenating to radiating vibrant energy - a healthful influence in all aspects of our lives. Experience the freedom of awakening your spine in realignment and the calm confidence in your presence while centering in the core of your being. NOTES: Class is open to new and continuing students. Lower fee is offered when registering for 10-week session. PREPARATION: Students: BRING a non-skid mat, towel, and firm-folding blanket. Bare feet, comfortable stretch clothing and eating light an hour or earlier before class is recommended. Instructor: Ruczynski-Salada

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46457	16 & up	WSCC	Apr29-May27	7:30PM-8:45PM	5	Th	Staff	\$39
46458	16 & up	WSCC	Jun3-Jul1	7:30PM-8:45PM	5	Th	Staff	\$39
				4-8:45PM	10	Th	Staff	\$69

Taekwondo - Yu-Gi-Oh Parties

Parents, spend a night out on the town while your child participates in a night in martial arts filled with Yugio cards and entertainment. Pizza dinner and soft drink dinner provided. Parents can pick up earlier than 12 midnight if preferred.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46220	5-12	MAA	May22	6:00PM-12:00AM	1	Sa	MAA	\$35

kidSAFE - Self Defense

Children will learn self-defense and safety awareness in a fun and safe environment. Classes will be tailored to each age group according to physical, mental and emotional ability. Children will be taught both verbal and physical skills for self-defense. Emphasis will be placed on increasing awareness to potentially dangerous situations and the appropriate use of skills learned in class. Parents are encouraged to attend the class. Uniforms are available for purchase from the instructor but are not required.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45453	5-7	LCCC	Apr14-Jun9	3:45PM-4:25PM	9	W	kidSAFE	\$59
45454	8-13	LCCC	Apr14-Jun9	4:30PM-5:10PM	9	W	kidSAFE	\$59

kidSAFE - Advanced Class

Participants must have attended one session of the kidSAFE Self Defense class and have a colored belt to register for this class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45455	5-13	LCCC	Apr14-Jun9	5:15PM-5:55PM	9	W	kidSAFE	\$59

Cardio Karate

Welcome to the fitness branch of karate. CARDIO KARATE will teach the techniques of martial arts in an exercise format. The use of boxing gloves and training pads will be used. The workouts burn approximately 700-900 calories depending on how much you work. This fun class runs 45 minutes long and is for both men and women. Non-marking shoes are required. School issue boxing gloves are required and may be purchased at first class for \$35.99 + tax. No class May 31.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46209	18 & up	MAA	Apr19-Jun7	7:15PM-8:00PM	14	M,W	MAA	\$119

Sixes & Sevens Shotokan

Through the art of Japanese Karate, participants will learn the traditional art of Shotokan Karate as well as self-discipline, self-respect, self-confidence and self-defense in a class specifically designed for the younger student. This is a non-contact class. The 6&7s class will do cool downs with the Beginning class the last 15 minutes of class. Please wear comfortable clothing.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45452	6-7	LCCC	May13-Jun24	7:15PM-7:45PM	7	Th	Rodriguez	\$49

Beginning Shotokan

Enjoy karate, fun, fitness and family all in one class. This is a great way for families to learn the Japanese martial art of Shotokan together. ('Singles' are also welcome). Through the art of Japanese Karate, students will learn the traditional art of Shotokan Karate as well as self-discipline, self-respect, self-confidence and self-defense. This is a non-contact class. The 6&7s class will participate in exercises with the Beginning class for 15 minutes each class. Please wear comfortable clothing.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45448	8 & up	LCCC	May13-Jun24	7:30PM-8:00PM	7	Th	Rodriguez	\$49

Intermediate/Advanced Shotokan

Participants in this class must have attended at least one session of Beginning Shotokan. Rank promotions may be attained at the end of each session for eligible students through a promotional process.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45450	8 & up	LCCC	May13-Jun24	8:00PM-9:15PM	7	Th	Rodriguez	\$65

Women's Self Defense

All women should take a class like this one because it is fun, simple and lasting. Learn the principles of fast and effective self-defense for women. This seminar will teach effective techniques from grabs, clinches and all strike attack scenarios. It will also cover attacks at night, car jacking, multiple attackers and harassment issues. A free self-defense key chain is included for the first 15 participants. A Phase 2 class will also be offered at the conclusion of the Phase 1 seminar. Gym clothes, a towel and water bottle are recommended.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46211	18 & up	MAA	Mar20	12:00PM-2:00PM	1	Sa	MAA	\$29

Executive Self Defense

Executive self-defense is a system of martial arts for the working man/woman professional. It is the same system taught to military personnel as well as airline pilots and staff. It is one of the most popular martial arts in the world today. These classes will combine martial arts training, weapons defense, grab defenses and fitness and flexibility exercises to raise self defense skills, awareness and confidence and strength. Taught by black belts in multiple styles, this system is not for the tough crowd, but for the working professional who wants to learn good, solid training in a family environment. There are no uniforms or belts. School issue gloves are required and may be purchased at first class for \$35.99 + tax.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46207	18 & up	MAA	Apr12-May27	8:00PM-9:00PM	14	M,Th	MAA	\$139

ICE SKATING

For more information call (510) 791-4318

Ice Babies

Introduce your child to the fun sport of ice-skating the right way in our positive learning environment. Instructors will emphasize the proper way to fall and get up, marching while standing and then moving, balance and control. Playing with bubbles, games, and snowballs are an important part of the learning process in this class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46426	2-3	Iceoplex	Apr3-May8	11:30AM-12:00PM	6	Sa	Iceoplex	\$69

Tots

Class covers proper way to fall and get up, basic forward skating, and balance while developing confidence on the ice.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46428	4-5	Iceoplex	Apr2-May7	4:15PM-4:45PM	6	F	Iceoplex	\$69
46427	4-5	Iceoplex	Apr5-May10	3:45PM-4:15PM	6	M	Iceoplex	\$69

Youth

This course is for beginners who have never skated before. You will learn basic forward and backward skating, balance, coordination and confidence on the ice. One-foot glides, two-foot turns, dips, hopping on two feet and stopping will also be introduced. A choice of figure or hockey skates can be worn in the class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46449	6-15	Iceoplex	Apr3-May8	12:05PM-12:35PM	6	Sa	Iceoplex	\$69
46446	6-15	Iceoplex	Apr6-May11	3:45PM-4:15PM	6	Tu	Iceoplex	\$69
46447	6-15	Iceoplex	Apr7-May12	3:45PM-4:15PM	6	W	Iceoplex	\$69
46448	6-15	Iceoplex	Apr7-May12	4:15PM-4:45PM	6	W	Iceoplex	\$69

Snow Play Day

Come join us for some fun in Fremont's own snow land! Begin the experience with a 15-minute lesson, play in the snow on the ice, skate and then enjoy a beverage and cookie from our snack bar. Skate rental is included in the fee and skates must be worn to enter the ice surface and play in the snow. Adults must accompany the child into the facility and be available during the session. Adults choosing to skate need only pay the skate rental fee of \$3.00. Lots of fun for everyone! Sign up for one or all the days listed. Sign up for one day or all of the days listed! Note: these dates fill up quickly, so don't delay!

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46430	3-9	Iceoplex	Apr12	9:45AM-11:30AM	1	M	Iceoplex	\$9
46431	3-9	Iceoplex	Apr13	9:45AM-11:30AM	1	Tu	Iceoplex	\$9
46432	3-9	Iceoplex	Apr14	9:45AM-11:30AM	1	W	Iceoplex	\$9
46433	3-9	Iceoplex	Apr15	9:45AM-11:30AM	1	Th	Iceoplex	\$9
46434	3-9	Iceoplex	Apr16	9:45AM-11:30AM	1	F	Iceoplex	\$9

Best Friends

One skater must be at least 14 years old or older and the other skater between the ages of 2-6. This fun class will allow children and a friend to learn the basics of figure skating together! Students will learn how to skate forward and backward, basic turns, and stops. This class is suitable for two friends (i.e. best friends, sister and sister, sister and brother, uncle and nephew, aunt and niece, parent and child, etc.)

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46425	2-14	Iceoplex	Apr3-May8	11:30AM-12:00PM	6	Sa	Iceoplex	\$75

Parent & Me

There are two versions of this course. The one hour version is as follows: The first 20 minutes is the lesson for the children; the second 20 minutes is the lesson for the parents while the children enjoy their snacks under the supervision of their instructor; then the children and the parents enjoy the last part together. Your child is supervised for the entire hour. The half hour version does not include refreshments and is a 30-minute lesson for both skaters. Parents with more than one child pay just \$25 for each additional sibling.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46422	2-6	Iceoplex	Apr2-May7	9:30AM-10:30AM	6	F	Iceoplex	\$89
46423	2-6	Iceoplex	Apr7-May12	5:30PM-6:05PM	6	W	Iceoplex	\$75
46424	2-6	Iceoplex	Apr7-May12	6:40PM-7:15PM	6	W	Iceoplex	\$75

Ice Skating - Adults

Basics of figure skating, such as how to skate forward and backward, basic turns, and stops, and even the proper way to fall and get up from the ice. Open to skaters wishing to learn hockey or figure skating.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46429	16 & up	Iceoplex	Apr7-May12	6:40PM-7:15PM	6	W	Iceoplex	\$69

TOT SPORTS

For more information call (510) 791-4324

Bumper Bowling

A great introduction to the sport of Bowling! Computerized Bumpers along the side of the lane help to guide the ball toward the pins. Bowlers will be taught basic techniques. Participation award for all bowlers! Shoe rental and ball are included.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45641	3-5	CFB	Apr20-May25	10:00AM-11:00AM	6	Tu	Staff	\$49

Kinder Sports & Games

Learn ball handling skills with games, relays and lead-up activities to soccer, basketball and other fun activities.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46286	4-5	CCP	Apr16-May14	11:00AM-11:45AM	5	F	Staff	\$49
46287	4-5	CCP	May21-Jun18	11:00AM-11:45AM	5	F	Staff	\$49

Little Dribblers Basketball

Boys and girls can develop basic skills in passing, ball handling and team play. It's never too early to begin developing a basketball star!

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46288	3-5	CCP	Apr16-May14	10:00AM-10:45AM	5	F	Staff	\$49
46289	3-5	CCP	May21-Jun18	10:00AM-10:45AM	5	F	Staff	\$49

Munchkin Soccer

Have fun in this introduction to soccer skills and games. Make new friends while learning about soccer.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46290	3-5	CCP	Apr16-May14	1:00PM-1:45PM	5	F	Staff	\$49
46291	3-5	CCP	Apr16-May14	6:00PM-6:45PM	5	F	Staff	\$49
46293	3-5	CCP	May21-Jun18	1:00PM-1:45PM	5	F	Staff	\$49
46292	3-5	CCP	May21-Jun18	6:00PM-6:45PM	5	F	Staff	\$49

Small Fry Sports & Games

This introduction to soccer, basketball and other exciting games will emphasize fun while promoting new friendships.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46295	3-4	CCP	Apr16-May14	12:00PM-12:45PM	5	F	Staff	\$49
46294	3-4	CCP	Apr16-May14	5:00PM-5:45PM	5	F	Staff	\$49
46297	3-4	CCP	May21-Jun18	12:00PM-12:45PM	5	F	Staff	\$49
46296	3-4	CCP	May21-Jun18	5:00PM-5:45PM	5	F	Staff	\$49

T-Ball League

For more information call (510) 790-5520.

This is a great introduction to the game of baseball/softball for the youth of Fremont. The league is open to boys and girls. Please note that this is not a baseball league. We will cover the basics, teach the children to be part of a team, and demonstrate good sportsmanship! No score is kept, which makes everyone a winner. We will attempt to honor all requests for children to be placed on the same team. Requests must be done in writing and turned in at the time of registration (please include the barcode on your request). A parent Information Day will be held Saturday, April 24 at 10 a.m. at the Irvington Community Center (located at 41885 Blacow Rd). Team jerseys and league information will be handed out. Games will be one-hour in length, somewhere between 9 a.m.-1 p.m., and will vary each week.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
44658	4-5	CPSC	May1-Jun5	9:00AM-1:00PM	6	Sa	Staff	\$75

Outdoor Soccer League

For more information call (510) 790-5520

The City of Fremont is hosting a Youth Soccer League for girls and boys on Monday evenings at the Central Park Softball Complex, located at 1110 Stevenson Blvd. Games will be 1 hour in length, at either 6 p.m. or 7 p.m., and could vary each week. We will attempt to honor all requests for children to be placed on the same team. Requests must be done in writing and turned in at the time of registration (please include the barcode on your request!). All requests must be in by Thursday, April 8.

Games will be played at a time of year that typically has cold, and possible drizzly, weather conditions. Please dress your youngster appropriately. Games will be re-scheduled in heavy rain. Uniform shirts will be ordered slightly large to allow for clothing underneath. Shin-guards are required, along with tennis shoes or cleats.

The first meeting, Monday, April 12, league information and t-shirts will be handed out to all participants at the Central Park Softball Complex, located at 1110 Stevenson Blvd. The actual league begins on Monday, April 19.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46181	4-5	CPSC	Apr12-May24	6:00PM-8:00PM	7	M	Staff	\$75

BADMINTON

For more information call (510) 791-4334

Drop In

At the Irvington Community Center - For ages 14 & up, under 18 must have parental signature on liability release on file. Children under 14 must be accompanied by an adult at all times. No registration required. \$3.00 per person. There are 6 courts for your enjoyment. Badminton racquets now available for purchase at Irvington Community Center.

NEW Badminton Hours!

Saturday/Sunday mornings 7:00 a.m. – 9:00 a.m.

Monday/Wednesday/Friday afternoon 11 a.m. – 2 p.m.

Friday/Saturday evenings 7:30 p.m. – 10:30 p.m.

Badminton Level 1

For information call (510) 791-4334

Join in the fun learning the fastest growing sport around! This is for the beginning badminton player. Must bring your own badminton racquet.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46353	8 & up	IRCC	Apr18-May30	11:00AM-12:00PM	6	Su	Staff	\$59
46349	8 & up	IRCC	Apr18-May30	12:00PM-1:00PM	6	Su	Staff	\$59
46351	8 & up	IRCC	May3-Jun14	6:00PM-7:00PM	6	M	Staff	\$59
46354	8 & up	IRCC	May9-Jun20	11:00AM-12:00PM	6	Su	Staff	\$59

Badminton Level 2

Badminton Instruction for the player who has already mastered serving and would like to learn techniques. Must bring your own badminton racquet.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46356	8 & up	IRCC	Apr18-May30	1:15PM-2:15PM	6	Su	Staff	\$59
46358	8 & up	IRCC	Apr18-May30	12:00PM-1:00PM	6	Su	Staff	\$59
46360	8 & up	IRCC	May3-Jun14	6:00PM-7:00PM	6	M	Staff	\$59

Badminton Level 3

Singles, Doubles, & Mixed Doubles

Enjoy playing the game of badminton by learning how to play singles, doubles, and mixed doubles. You will learn rules, technique and strategy. You must know how to serve and rally with some level of consistency. Ideally, you have completed Level 1 and 2 classes, or have played for more the 3 months.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46362	8 & up	IRCC	Apr18-May30	1:15PM-2:15PM	6	Su	Staff	\$59

SPORTS

Athletic Training - Conditioning

For more information call (510) 790-5520

Come join us for a conditioning camp geared toward the aspiring athlete. Receive proper training techniques from our staff of High School coaches and athletes. Each participant will receive a personal workout curriculum personalized for them and a t-shirt. Please wear comfortable workout clothing and bring a water bottle.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46300	8-11	CPSC	Apr20-May11	6:30PM-7:30PM	4	Tu	Staff	\$49
46301	12-16	CPSC	Apr20-May11	7:30PM-8:30PM	4	Tu	Staff	\$49

Indoor Soccer League

For more information call (510) 790-5520

The City of Fremont is offering an indoor soccer league held at Irvington Community Center, located 41885 Blacow Road. We will attempt to honor all requests for children to be placed on the same team. Requests must be done in writing and turned in at the time of registration (please include the barcode on your request!). All requests must be in by April 12.

League information and shirts will be handed out at the Parent Meeting on Thursday, April 15 at 6 p.m. at the Irvington Community Center. Shin guards are required and we ask that you wear tennis shoes that won't mark the floor. The league will begin on Thursday, April 22, with games being at either 6 p.m. or 7 p.m. and running one-hour in length each week.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46176	4-5	IRCC	Apr22-May27	6:00PM-8:00PM	6	Th	Staff	\$75
46177	6-7	IRCC	Apr22-May27	6:00PM-8:00PM	6	Th	Staff	\$75

Intro to Bowling

For more information call (510) 791-4324

Roll a strike in our learn to bowl class! Cloverleaf Family Bowl has designed a program to teach kids the basic bowling skills. All participants will receive an award at the end of the session. Shoe rental and ball are included.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45650	6-15	CFB	Apr20-May18	3:30PM-4:30PM	5	Tu	TBA	\$49

Wrestling

For more information call (510) 791-4324

Want to learn the oldest sport in human history? This class teaches basic techniques, stretching, and safety of freestyle wrestling, just like in the Olympics!

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45673	8-12	CCP	Apr23-May28	4:00PM-5:00PM	6	F	Tringali	\$59

Volleyball Level 1

For more information call (510) 791-4334

An Intro to volleyball. This class is geared for children between the ages of 8-11. The intent of this class is to work with kids and teach them the basics of volleyball. They will be taught how to pass, set, and spike in a fun atmosphere. It is our goal to create an encouraging environment while establishing the importance of the basics and teamwork on the volleyball court. Our hopes are to excite young children in to playing volleyball, along with preparing them to continue into some of our more advance classes. This class will meet once a week and each session will last an hour.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46369	8-11	IRCC	Apr23-May28	5:00PM-6:00PM	6	F	Staff	\$59

Volleyball Level 2

For more information call (510) 791-4334

Volleyball 101 - Geared for children 11-13 years old. This class will 'fine tune' the basic volleyball techniques and build confidence for young athletes so that they can compete at a more competitive level. This class is structured so that young athletes know the basics and now learn to apply them to real game situations. It is our goal to create an atmosphere where each individual can better their skill level while understanding the role of each player on a team. Our hopes are to leave each athlete with the confidence to compete at their Jr. High level and that they will hopefully continue to play in high school. This class meets once a week and each session will last an hour.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46374	11-13	IRCC	Apr23-May28	6:00PM-7:00PM	6	F	Staff	\$59

Volleyball - League High School

For more information call (510) 791-4334

For high school teams to play in round robin format. Must register as an individual associated with a team.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46364	14-18	IRCC	Apr6-Jun8	6:00PM-9:00PM	9	Tu	Staff	\$45

Softball - Individual Player Sign Up

For more information call (510) 790-5520

This program offers softball 6 nights a week. When contacted you are able to select the night and division (Mens, Womens, or Coed) you are available to play.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46550	18&up	CPSC	Mar28-Jun4	6:30PM-10:30PM	59	Su-F	Staff	\$65

Basic Sailing

For more information call (510) 791-4152

These courses are being offered through the city of Fremont by the Fremont Sailing Club. Fifteen hours of classroom lecture and on-water training in El Toros: covers water safety, sailing terminology, theory, points of sail, boat handling and rights of way. BE AWARE: Sailing is a wet sport in an outdoor setting. Bring a change of clothes, towel, sunscreen, water, food and necessary medications. At your first class, provide the instructor with proof of ability to swim, such as a swim test certification signed by a licensed lifeguard. Students signing up for classes must provide own textbook(s). Textbooks may be purchased from the instructor on the first day of class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46668	12 & up	CP	May1-15	10:00AM-4:00PM	3	Sa	Staff	\$35

Intermediate Sailing

For more information call (510) 791-4152

Take your sailing skills to the next level! Learn racing techniques and GO FASTER!

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46669	12 & up	CP	Jun5-19	10:00AM-4:00PM	3	Sa	Staff	\$35

GOLF

For more information call (510) 791-4318

Fremont Park Golf and Practice Center

Lessons by PGA Professionals

Chipping and Putting Greens and large practice Bunker

Fully stocked golf Shop with top quality merchandise and custom fit equipment

Group lessons for Juniors and Adults

Lighted facility-open evenings

Video Instruction available

Memberships available

Fremont Park Head Professional Ted Anderson works with students of all abilities. Ted has worked with several golfers from both the PGA Tour and LPGA Tour. His instructional services have been utilized by numerous celebrity figures in their pursuit of a better golf swing. Now Ted Anderson brings his expertise to Fremont California to help all of those who wish to play their very best!

Level 1: All About Golf

Level 2: Introduction to Golf

Level 3: Beginning Golf

Level 4: Intermediate Golf

No make ups for missed classes

Junior Golf

For more information call (510) 791-4318

Learn the fundamentals of the full swing, the short game, rules of golf and etiquette. Have fun learning golf through numerous activities, games and skills contests. \$12 lab fee due at first class. No class May 29.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46201	7-17	FPGPC	Apr17-May8	2:00PM-3:00PM	4	Sa	FCGPC	\$75
46202	7-17	FPGPC	May15-Jun12	2:00PM-3:00PM	4	Sa	FCGPC	\$75

Beginning Golf

For the beginner to intermediate who has some golf experience on the course. This program stresses the basics of the golf swing, fundamentals of putting, chipping and sand play. \$12 lab fee due at first class. No class May 29.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46198	18 & up	FPGPC	Apr17-May8	1:00PM-2:00PM	4	Sa	FCGPC	\$99
46199	18 & up	FPGPC	May15-Jun12	1:00PM-2:00PM	4	Sa	FCGPC	\$99

Introduction To Golf

If you have never played the game, or have limited experience, this program is for you! Learn how the game is played, including: rules of the game, etiquette and fundamentals of the swing. \$12 lab fee due at first class. No class May 29.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46204	18 & up	FPGPC	Apr17-May8	9:00AM-10:00AM	4	Sa	FCGPC	\$99
46205	18 & up	FPGPC	May15-Jun12	9:00AM-10:00AM	4	Sa	FCGPC	\$99

SWIMMING

For more information call (510) 790-5520

Preschool

Maximum 7 per class. This parent participation class combines safety and water adaptation to prepare the child for instruction. Once comfortable in the water the child will learn safety skills, including holding their breath, floating, kicking, and pulling themselves out of the water. Students who are not toilet trained must wear a swim diaper.

Fremont Location

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45617	1-3	FSS	Mar28-Jun6	10:00AM-10:30AM	11	Su	Staff	\$179
45618	1-3	FSS	Mar28-Jun6	12:00PM-12:30PM	11	Su	Staff	\$179
45619	1-3	FSS	Mar28-Jun6	2:00PM-2:30PM	11	Su	Staff	\$179
45620	1-3	FSS	Mar28-Jun6	2:30PM-3:00PM	11	Su	Staff	\$179
45621	1-3	FSS	Mar29-Jun7	6:30PM-7:00PM	11	M	Staff	\$179
45622	1-3	FSS	Mar29-Jun7	7:00PM-7:30PM	11	M	Staff	\$179
45623	1-3	FSS	Mar29-Jun7	7:30PM-8:00PM	11	M	Staff	\$179
45624	1-3	FSS	Mar30-Jun15	6:30PM-7:00PM	12	Tu	Staff	\$193
45625	1-3	FSS	Mar30-Jun15	7:00PM-7:30PM	12	Tu	Staff	\$193
45626	1-3	FSS	Mar30-Jun15	7:30PM-8:00PM	12	Tu	Staff	\$193
45627	1-3	FSS	Mar31-Jun16	6:30PM-7:00PM	12	W	Staff	\$193
45628	1-3	FSS	Mar31-Jun16	7:00PM-7:30PM	12	W	Staff	\$193
45629	1-3	FSS	Mar31-Jun16	7:30PM-8:00PM	12	W	Staff	\$193
45630	1-3	FSS	Apr1-Jun17	6:30PM-7:00PM	12	Th	Staff	\$193
45631	1-3	FSS	Apr1-Jun17	7:00PM-7:30PM	12	Th	Staff	\$193
45632	1-3	FSS	Apr1-Jun17	7:30PM-8:00PM	12	Th	Staff	\$193
45633	1-3	FSS	Apr2-Jun18	6:30PM-7:00PM	12	F	Staff	\$193
45634	1-3	FSS	Apr2-Jun18	7:00PM-7:30PM	12	F	Staff	\$193
45635	1-3	FSS	Apr2-Jun18	7:30PM-8:00PM	12	F	Staff	\$193
45636	1-3	FSS	Apr3-Jun19	10:00AM-10:30AM	12	Sa	Staff	\$193
45637	1-3	FSS	Apr3-Jun19	12:00PM-12:30PM	12	Sa	Staff	\$193
45638	1-3	FSS	Apr3-Jun19	2:00PM-2:30PM	12	Sa	Staff	\$193
45639	1-3	FSS	Apr3-Jun19	2:30PM-3:00PM	12	Sa	Staff	\$193

Newark Location

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45642	1-3	FSS	Mar28-Jun6	10:00AM-10:30AM	11	Su	Staff	\$179
45643	1-3	FSS	Mar28-Jun6	12:00PM-12:30PM	11	Su	Staff	\$179
45644	1-3	FSS	Mar28-Jun6	2:00PM-2:30PM	11	Su	Staff	\$179
45645	1-3	FSS	Mar28-Jun6	2:30PM-3:00PM	11	Su	Staff	\$179
45646	1-3	FSS	Mar29-Jun7	6:30PM-7:00PM	11	M	Staff	\$179
45647	1-3	FSS	Mar29-Jun7	7:00PM-7:30PM	11	M	Staff	\$179
45648	1-3	FSS	Mar29-Jun7	7:30PM-8:00PM	11	M	Staff	\$179
45649	1-3	FSS	Mar30-Jun15	6:30PM-7:00PM	12	Tu	Staff	\$193
45651	1-3	FSS	Mar30-Jun15	7:00PM-7:30PM	12	Tu	Staff	\$193
45652	1-3	FSS	Mar30-Jun15	7:30PM-8:00PM	12	Tu	Staff	\$193
45653	1-3	FSS	Mar31-Jun16	6:30PM-7:00PM	12	W	Staff	\$193
45654	1-3	FSS	Mar31-Jun16	7:00PM-7:30PM	12	W	Staff	\$193
45655	1-3	FSS	Mar31-Jun16	7:30PM-8:00PM	12	W	Staff	\$193
45656	1-3	FSS	Apr1-Jun17	6:30PM-7:00PM	12	Th	Staff	\$193
45657	1-3	FSS	Apr1-Jun17	7:00PM-7:30PM	12	Th	Staff	\$193
45658	1-3	FSS	Apr1-Jun17	7:30PM-8:00PM	12	Th	Staff	\$193
45659	1-3	FSS	Apr2-Jun18	6:30PM-7:00PM	12	F	Staff	\$193
45660	1-3	FSS	Apr2-Jun18	7:00PM-7:30PM	12	F	Staff	\$193
45661	1-3	FSS	Apr2-Jun18	7:30PM-8:00PM	12	F	Staff	\$193
45664	1-3	FSS	Apr3-Jun19	10:00AM-10:30AM	12	Sa	Staff	\$193
45665	1-3	FSS	Apr3-Jun19	12:00PM-12:30PM	12	Sa	Staff	\$193
45666	1-3	FSS	Apr3-Jun19	2:00PM-2:30PM	12	Sa	Staff	\$193
45667	1-3	FSS	Apr3-Jun19	2:30PM-3:00PM	12	Sa	Staff	\$193

Preschool

Maximum 4 per class. This beginner class incorporates games and positive reinforcement to introduce children to proper form instruction. Heavy emphasis is placed on water safety.

Fremont Location

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45879	3-4	FSS	Mar28-Jun6	9:00AM-9:30AM	11	Su	Staff	\$179
45881	3-4	FSS	Mar28-Jun6	11:00AM-11:30AM	11	Su	Staff	\$179
45882	3-4	FSS	Mar28-Jun6	1:00PM-1:30PM	11	Su	Staff	\$179
45883	3-4	FSS	Mar28-Jun6	2:30PM-3:00PM	11	Su	Staff	\$179
45884	3-4	FSS	Mar29-Jun6	3:30PM-4:00PM	11	M	Staff	\$179
45885	3-4	FSS	Mar29-Jun7	4:30PM-5:00PM	11	M	Staff	\$179
45887	3-4	FSS	Mar29-Jun7	5:30PM-6:00PM	11	M	Staff	\$179
45888	3-4	FSS	Mar29-Jun7	6:30PM-7:00PM	11	M	Staff	\$179
45889	3-4	FSS	Mar30-Jun15	3:30PM-4:00PM	12	Tu	Staff	\$193
45890	3-4	FSS	Mar30-Jun15	4:30PM-5:00PM	12	Tu	Staff	\$193
45891	3-4	FSS	Mar30-Jun15	5:30PM-6:00PM	12	Tu	Staff	\$193
45892	3-4	FSS	Mar30-Jun15	6:30PM-7:00PM	12	Tu	Staff	\$193
45894	3-4	FSS	Mar31-Jun16	3:30PM-4:00PM	12	W	Staff	\$193
45897	3-4	FSS	Mar31-Jun16	4:30PM-5:00PM	12	W	Staff	\$193
45898	3-4	FSS	Mar31-Jun16	5:30PM-6:00PM	12	W	Staff	\$193
45899	3-4	FSS	Mar31-Jun16	6:30PM-7:00PM	12	W	Staff	\$193
45900	3-4	FSS	Apr1-Jun17	3:30PM-4:00PM	12	Th	Staff	\$193
45901	3-4	FSS	Apr1-Jun17	4:30PM-5:00PM	12	Th	Staff	\$193
45902	3-4	FSS	Apr1-Jun17	5:30PM-6:00PM	12	Th	Staff	\$193
45903	3-4	FSS	Apr1-Jun17	6:30PM-7:00PM	12	Th	Staff	\$193
45904	3-4	FSS	Apr2-Jun18	3:30PM-4:00PM	12	F	Staff	\$193
45905	3-4	FSS	Apr2-Jun18	4:30PM-5:00PM	12	F	Staff	\$193
45906	3-4	FSS	Apr2-Jun18	5:30PM-6:00PM	12	F	Staff	\$193
45907	3-4	FSS	Apr2-Jun18	6:30PM-7:00PM	12	F	Staff	\$193
45908	3-4	FSS	Apr3-Jun19	9:00AM-9:30AM	12	Sa	Staff	\$193
45910	3-4	FSS	Apr3-Jun19	11:00AM-11:30AM	12	Sa	Staff	\$193
45913	3-4	FSS	Apr3-Jun19	2:30PM-3:00PM	12	Sa	Staff	\$193
45919	3-4	FSS	Apr3-Jun19	1:00PM-1:30PM	12	Sa	Staff	\$193

Newark Location

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45920	3-4	FSS	Mar28-Jun6	9:00AM-9:30AM	11	Su	Staff	\$179
45921	3-4	FSS	Mar28-Jun6	11:00AM-11:30AM	11	Su	Staff	\$179
45922	3-4	FSS	Mar28-Jun6	1:00PM-1:30PM	11	Su	Staff	\$179
45923	3-4	FSS	Mar28-Jun6	2:30PM-3:00PM	11	Su	Staff	\$179
45924	3-4	FSS	Mar29-Jun6	3:30PM-4:00PM	11	M	Staff	\$179
45925	3-4	FSS	Mar29-Jun7	4:30PM-5:00PM	11	M	Staff	\$179
45926	3-4	FSS	Mar29-Jun7	5:30PM-6:00PM	11	M	Staff	\$179
45927	3-4	FSS	Mar29-Jun7	6:30PM-7:00PM	11	M	Staff	\$179
45928	3-4	FSS	Mar30-Jun15	3:30PM-4:00PM	12	Tu	Staff	\$193
45929	3-4	FSS	Mar30-Jun15	4:30PM-5:00PM	12	Tu	Staff	\$193
45932	3-4	FSS	Mar30-Jun15	5:30PM-6:00PM	12	Tu	Staff	\$193
45933	3-4	FSS	Mar30-Jun15	6:30PM-7:00PM	12	Tu	Staff	\$193
45934	3-4	FSS	Mar31-Jun16	3:30PM-4:00PM	12	W	Staff	\$193
45935	3-4	FSS	Mar31-Jun16	4:30PM-5:00PM	12	W	Staff	\$193
45936	3-4	FSS	Mar31-Jun16	5:30PM-6:00PM	12	W	Staff	\$193
45937	3-4	FSS	Mar31-Jun16	6:30PM-7:00PM	12	W	Staff	\$193
45938	3-4	FSS	Apr1-Jun17	3:30PM-4:00PM	12	Th	Staff	\$193
45939	3-4	FSS	Apr1-Jun17	4:30PM-5:00PM	12	Th	Staff	\$193
45940	3-4	FSS	Apr1-Jun17	5:30PM-6:00PM	12	Th	Staff	\$193
45941	3-4	FSS	Apr1-Jun17	6:30PM-7:00PM	12	Th	Staff	\$193
45943	3-4	FSS	Apr2-Jun18	4:30PM-5:00PM	12	F	Staff	\$193
45944	3-4	FSS	Apr2-Jun18	5:30PM-6:00PM	12	F	Staff	\$193
45945	3-4	FSS	Apr2-Jun18	6:30PM-7:00PM	12	F	Staff	\$193
45946	3-4	FSS	Apr3-Jun19	9:00AM-9:30AM	12	Sa	Staff	\$193
45947	3-4	FSS	Apr3-Jun19	11:00AM-11:30AM	12	Sa	Staff	\$193
45948	3-4	FSS	Apr3-Jun19	1:00PM-1:30PM	12	Sa	Staff	\$193
45949	3-4	FSS	Apr3-Jun19	2:30PM-3:00PM	12	Sa	Staff	\$193

Youth

Maximum 4 per class. We offer four levels of beginner classes ranging from first time in the water to perfecting the front crawl stroke. All steps are broken down for easy learning and instructors make the classes fun with games and positive reinforcement.

Fremont Location

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45767	5-9	FSS	Mar28-Jun6	8:30AM-9:00AM	11	Su	Staff	\$179
45768	5-9	FSS	Mar28-Jun6	10:30AM-11:00AM	11	Su	Staff	\$179
45769	5-9	FSS	Mar28-Jun6	12:30PM-1:00PM	11	Su	Staff	\$179
45770	5-9	FSS	Mar28-Jun6	2:30PM-3:00PM	11	Su	Staff	\$179
45771	5-9	FSS	Mar29-Jun7	4:00PM-4:30PM	11	M	Staff	\$179
45772	5-9	FSS	Mar29-Jun7	5:00PM-5:30PM	11	M	Staff	\$179
45773	5-9	FSS	Mar29-Jun7	6:00PM-6:30PM	11	M	Staff	\$179
45774	5-9	FSS	Mar30-Jun15	4:00PM-4:30PM	12	Tu	Staff	\$193
45775	5-9	FSS	Mar30-Jun15	5:00PM-5:30PM	12	Tu	Staff	\$193
45776	5-9	FSS	Mar30-Jun15	6:00PM-6:30PM	12	Tu	Staff	\$193
45780	5-9	FSS	Mar31-Jun16	4:00PM-4:30PM	12	W	Staff	\$193
45781	5-9	FSS	Mar31-Jun16	5:00PM-5:30PM	12	W	Staff	\$193
45782	5-9	FSS	Mar31-Jun16	6:00PM-6:30PM	12	W	Staff	\$193
45783	5-9	FSS	Apr1-Jun17	4:00PM-4:30PM	12	Th	Staff	\$193
45784	5-9	FSS	Apr1-Jun17	5:00PM-5:30PM	12	Th	Staff	\$193
45785	5-9	FSS	Apr1-Jun17	6:00PM-6:30PM	12	Th	Staff	\$193
45786	5-9	FSS	Apr2-Jun18	4:00PM-4:30PM	12	F	Staff	\$193
45787	5-9	FSS	Apr2-Jun18	5:00PM-5:30PM	12	F	Staff	\$193
45788	5-9	FSS	Apr2-Jun18	6:00PM-6:30PM	12	F	Staff	\$193
45789	5-9	FSS	Apr3-Jun19	8:30AM-9:00AM	12	Sa	Staff	\$193
45790	5-9	FSS	Apr3-Jun19	10:30AM-11:00AM	12	Sa	Staff	\$193
45791	5-9	FSS	Apr3-Jun19	12:30PM-1:00PM	12	Sa	Staff	\$193
45792	5-9	FSS	Apr3-Jun19	2:30PM-3:00PM	12	Sa	Staff	\$193

Newark Location

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45793	5-9	FSS	Mar28-Jun6	8:30AM-9:00AM	11	Su	Staff	\$179
45794	5-9	FSS	Mar28-Jun6	10:30AM-11:00AM	11	Su	Staff	\$179
45795	5-9	FSS	Mar28-Jun6	12:30PM-1:00PM	11	Su	Staff	\$179
45796	5-9	FSS	Mar28-Jun6	2:30PM-3:00PM	11	Su	Staff	\$179
45797	5-9	FSS	Mar29-Jun7	4:00PM-4:30PM	11	M	Staff	\$179
45798	5-9	FSS	Mar29-Jun7	5:00PM-5:30PM	11	M	Staff	\$179
45799	5-9	FSS	Mar29-Jun7	6:00PM-6:30PM	11	M	Staff	\$179
45800	5-9	FSS	Mar30-Jun15	4:00PM-4:30PM	12	Tu	Staff	\$193
45871	5-9	FSS	Mar30-Jun15	5:00PM-5:30PM	12	Tu	Staff	\$193
45872	5-9	FSS	Mar30-Jun15	6:00PM-6:30PM	12	Tu	Staff	\$193
45873	5-9	FSS	Mar31-Jun16	4:00PM-4:30PM	12	W	Staff	\$193
45874	5-9	FSS	Mar31-Jun16	5:00PM-5:30PM	12	W	Staff	\$193
45875	5-9	FSS	Mar31-Jun16	6:00PM-6:30PM	12	W	Staff	\$193
46017	5-9	FSS	Apr1-Jun17	4:00PM-4:30PM	12	Th	Staff	\$193
46018	5-9	FSS	Apr1-Jun17	5:00PM-5:30PM	12	Th	Staff	\$193
46019	5-9	FSS	Apr1-Jun17	6:00PM-6:30PM	12	Th	Staff	\$193
46020	5-9	FSS	Apr2-Jun18	4:00PM-4:30PM	12	F	Staff	\$193
46021	5-9	FSS	Apr2-Jun18	5:00PM-5:30PM	12	F	Staff	\$193
46022	5-9	FSS	Apr2-Jun18	6:00PM-6:30PM	12	F	Staff	\$193
46023	5-9	FSS	Apr3-Jun19	8:30AM-9:00AM	12	Sa	Staff	\$193
46024	5-9	FSS	Apr3-Jun19	10:30AM-11:00AM	12	Sa	Staff	\$193
46025	5-9	FSS	Apr3-Jun19	12:30PM-1:00PM	12	Sa	Staff	\$193
46026	5-9	FSS	Apr3-Jun19	2:30PM-3:00PM	12	Sa	Staff	\$193

Teen

Maximum 4 per class. Grouped primarily by age, this class allows our young teens to progress individually. Instructors determine their ability during the first class meeting.

Fremont Location

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45712	10-14	FSS	Mar28-Jun6	9:30AM-10:00AM	11	Su	Staff	\$179
45713	10-14	FSS	Mar28-Jun6	11:30AM-12:00PM	11	Su	Staff	\$179
45714	10-14	FSS	Mar28-Jun6	1:30PM-2:00PM	11	Su	Staff	\$179
45715	10-14	FSS	Mar28-Jun6	2:30PM-3:00PM	11	Su	Staff	\$179
45716	10-14	FSS	Mar29-Jun7	5:00PM-5:30PM	11	M	Staff	\$179
45717	10-14	FSS	Mar29-Jun7	6:00PM-6:30PM	11	M	Staff	\$179
45718	10-14	FSS	Mar30-Jun15	5:00PM-5:30PM	12	Tu	Staff	\$193
45719	10-14	FSS	Mar30-Jun15	6:00PM-6:30PM	12	Tu	Staff	\$193
45720	10-14	FSS	Mar31-Jun16	5:00PM-5:30PM	12	W	Staff	\$193
45721	10-14	FSS	Mar31-Jun16	6:00PM-6:30PM	12	W	Staff	\$193
45722	10-14	FSS	Apr1-Jun17	5:00PM-5:30PM	12	Th	Staff	\$193
45723	10-14	FSS	Apr1-Jun17	6:00PM-6:30PM	12	Th	Staff	\$193
45724	10-14	FSS	Apr2-Jun18	5:00PM-5:30PM	12	F	Staff	\$193
45725	10-14	FSS	Apr2-Jun18	6:00PM-6:30PM	12	F	Staff	\$193
45726	10-14	FSS	Apr3-Jun19	9:30AM-10:00AM	12	Sa	Staff	\$193
45727	10-14	FSS	Apr3-Jun19	11:30AM-12:00PM	12	Sa	Staff	\$193
45728	10-14	FSS	Apr3-Jun19	1:30PM-2:00PM	12	Sa	Staff	\$193
45729	10-14	FSS	Apr3-Jun19	2:30PM-3:00PM	12	Sa	Staff	\$193

Newark Location

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45730	10-14	FSS	Mar28-Jun6	9:30AM-10:00AM	11	Su	Staff	\$179
45731	10-14	FSS	Mar28-Jun6	11:30AM-12:00PM	11	Su	Staff	\$179
45732	10-14	FSS	Mar28-Jun6	1:30PM-2:00PM	11	Su	Staff	\$179
45733	10-14	FSS	Mar28-Jun6	2:30PM-3:00PM	11	Su	Staff	\$179
45734	10-14	FSS	Mar29-Jun7	5:00PM-5:30PM	11	M	Staff	\$179
45735	10-14	FSS	Mar29-Jun7	6:00PM-6:30PM	11	M	Staff	\$179
45736	10-14	FSS	Mar30-Jun15	5:00PM-5:30PM	12	Tu	Staff	\$193
45737	10-14	FSS	Mar30-Jun15	6:00PM-6:30PM	12	Tu	Staff	\$193
45738	10-14	FSS	Mar31-Jun16	5:00PM-5:30PM	12	W	Staff	\$193
45739	10-14	FSS	Mar31-Jun16	6:00PM-6:30PM	12	W	Staff	\$193
45740	10-14	FSS	Apr1-Jun17	5:00PM-5:30PM	12	Th	Staff	\$193
45741	10-14	FSS	Apr1-Jun17	6:00PM-6:30PM	12	Th	Staff	\$193
45742	10-14	FSS	Apr2-Jun18	5:00PM-5:30PM	12	F	Staff	\$193
45743	10-14	FSS	Apr2-Jun18	6:00PM-6:30PM	12	F	Staff	\$193
45744	10-14	FSS	Apr3-Jun19	9:30AM-10:00AM	12	Sa	Staff	\$193
45745	10-14	FSS	Apr3-Jun19	11:30AM-12:00PM	12	Sa	Staff	\$193
45746	10-14	FSS	Apr3-Jun19	1:30PM-2:00PM	12	Sa	Staff	\$193
45747	10-14	FSS	Apr3-Jun19	2:30PM-3:00PM	12	Sa	Staff	\$193

Adults

Maximum 4 per class. Our adult classes are small, personal and self-paced. Classes meet the individual need of every adult ranging from those who have a life-long fear of water, to students wanting to perfect their stroke.

Fremont Location

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45748	18 & up	FSS	Mar28-Jun6	3:00PM-3:30PM	11	Su	Staff	\$179
45749	18 & up	FSS	Mar29-Jun7	8:00PM-8:30PM	11	M	Staff	\$179
45750	18 & up	FSS	Mar30-Jun15	8:00PM-8:30PM	12	Tu	Staff	\$193
45751	18 & up	FSS	Mar31-Jun16	8:00PM-8:30PM	12	W	Staff	\$193
45752	18 & up	FSS	Apr1-Jun17	8:00PM-8:30PM	12	Th	Staff	\$193
45753	18 & up	FSS	Apr2-Jun18	8:00PM-8:30PM	12	F	Staff	\$193
45754	18 & up	FSS	Apr3-Jun19	3:00PM-3:30PM	12	Sa	Staff	\$193

Newark Location

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45755	18 & up	FSS	Mar28-Jun6	3:00PM-3:30PM	11	Su	Staff	\$179
45756	18 & up	FSS	Mar29-Jun7	8:00PM-8:30PM	11	M	Staff	\$179
45757	18 & up	FSS	Mar29-Jun7	8:30PM-9:00PM	11	M	Staff	\$179
45758	18 & up	FSS	Mar30-Jun15	8:00PM-8:30PM	12	Tu	Staff	\$193
45759	18 & up	FSS	Mar30-Jun15	8:30PM-9:00PM	12	Tu	Staff	\$193
45760	18 & up	FSS	Mar31-Jun16	8:00PM-8:30PM	12	W	Staff	\$193
45761	18 & up	FSS	Mar31-Jun16	8:30PM-9:00PM	12	W	Staff	\$193
45762	18 & up	FSS	Apr1-Jun17	8:00PM-8:30PM	12	Th	Staff	\$193
45763	18 & up	FSS	Apr1-Jun17	8:30PM-9:00PM	12	Th	Staff	\$193
45764	18 & up	FSS	Apr2-Jun18	8:00PM-8:30PM	12	F	Staff	\$193
45765	18 & up	FSS	Apr2-Jun18	8:30PM-9:00PM	12	F	Staff	\$193
45766	18 & up	FSS	Apr3-Jun19	3:00PM-3:30PM	12	Sa	Staff	\$193

Swim School Aerobics

Join us for our low impact, high-energy water aerobics class. This class consists of low impact aerobics, stretching, and muscle toning exercises, which are taught by a certified water aerobics instructor in the warm water at the FSS. This class is great for the beginner or the advanced student looking for a great form of exercise without putting stress on your joints. The class meets Monday through Thursday and Saturday at the Fremont Swim Center's Fremont location (off Blacow and Osgood); or on Saturday at our Newark location. Please don't miss the fun!! Newark location only offers Saturday classes.

Fremont Location

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46036	15 & up	FSS	Mar29-May24	8:00AM-9:00AM	11	M	Staff	\$76
46037	15 & up	FSS	Mar29-May24	8:30PM-9:30PM	11	M	Staff	\$76
46042	15 & up	FSS	Mar30-Jun15	8:00AM-9:00AM	12	Tu	Staff	\$82
46043	15 & up	FSS	Mar30-Jun15	8:30PM-9:30PM	12	Tu	Staff	\$82
46044	15 & up	FSS	Mar31-Jun16	8:00AM-9:00AM	12	W	Staff	\$82
46046	15 & up	FSS	Apr1-Jun17	8:00AM-9:00AM	12	Th	Staff	\$82
46047	15 & up	FSS	Apr1-Jun17	8:30PM-9:30PM	12	Th	Staff	\$82
46048	15 & up	FSS	Apr3-Jun19	7:00AM-8:00AM	12	Sa	Staff	\$82

Newark Location

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46049	15 & up	FSS	Apr3-Jun19	7:00AM-8:00AM	12	Sa	Staff	\$82
46050	15 & up	FSS	Apr3-Jun19	8:00AM-9:00AM	12	Sa	Staff	\$82

TENNIS

For more information call (510) 790-5510

Fremont Tennis Center

The Place to Play, the Place to Learn!!

1110 Stevenson Boulevard

Winner of the prestigious United States Tennis Association "Outstanding Recreational Facility Award"

For more information on fees, Daily Drop In Clinics, court reservations and other special events, call (510) 790-5510.

Open daily, weather permitting, the Fremont Tennis Center offers a wide variety of programs and services for all ages.

- 18 Championship Lighted Tennis Courts
- Club House: Full service Pro Shop
- Reserved Courts: Reservations accepted 5 days in advance
- Lessons: Private, semi-private and group
- Junior and Adult Challenge ladders: \$10/yr
- Adult Recreational Play MWF 9 a.m. to Noon, \$1 per person
- USTA Sanctioned Tournaments
- Instructional, social and competitive leagues
- Ball machines \$15 per hour/ \$10 per half hour
- Largest selection of Demo racquets in the Tri City Area
- Professional Racquet Stringing and repair

JUNIOR CLINICS

Weekday Junior Clinic

Ages 5-15

Beg./Low Int. Players

MWF 3:30-5:00 p.m.

Weekend Junior Clinic

Ages 8-15

Beg./Low Int. Players

Saturdays 9:00-10:30 a.m.

Weekday Jr. Academy Clinic

Ages 8-18

Adv./Tournament players

MWF 5:00-6:30 p.m.

Weekend Jr. Academy Clinic

Ages 8-18

Adv./Tournament players

Saturdays 10:30 a.m.-Noon

ADULT CLINICS

PM Weekday Adult Clinic

Ages 17 and Over

Intermediate/Advanced

Mon-Wed 6:30-8:30 p.m.

Weekend Beg. Adult Clinic

Ages 17 and Over

Adv. Beg./Low Intermediate

Sat/Sun 9:00-10:30 a.m.

Adv. Beg./Low Intermediate

Tu-Th 6:30-8:30 p.m.

Intermediate

Fri 6:30-8:30 p.m.

Weekend Int. Adult Clinic

Ages 17 and Over

Intermediate/Advanced

Sat/Sun 10:30 a.m.-Noon

AM Weekday Adult Clinic

Ages 17 and Over

Adv. Beg./Low Intermediate

TuTh 9:30-11:00 a.m.

Pee Wee 1

Especially created to introduce little people to the game of tennis in a fun and rewarding way. Kids will play with short racquets. Games will emphasize immediate success in each of the major aspects of tennis.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46119	5-5	TC	Apr17-May8	9:00AM-9:45AM	4	Sa	Staff	\$45
46121	5-5	TC	Apr20-May6	4:00PM-4:45PM	6	TuTh	Staff	\$55
46122	5-5	TC	May11-27	4:00PM-4:45PM	6	TuTh	Staff	\$55
46120	5-5	TC	May15-Jun12	9:00AM-9:45AM	4	Sa	Staff	\$45
46123	5-5	TC	Jun1-17	4:00PM-4:45PM	6	TuTh	Staff	\$55
46124	6-7	TC	Apr17-May8	9:00AM-9:45AM	4	Sa	Staff	\$45
46126	6-7	TC	Apr20-May6	4:00PM-4:45PM	6	TuTh	Staff	\$55
46127	6-7	TC	May11-27	4:00PM-4:45PM	6	TuTh	Staff	\$55
46125	6-7	TC	May15-Jun12	9:00AM-9:45AM	4	Sa	Staff	\$45
46128	6-7	TC	Jun1-17	4:00PM-4:45PM	6	TuTh	Staff	\$55

Pee Wee 2

Created to continue the Pee Wee experience. Kids will build on skills already developed in the Tennis Center's regular Pee Wee classes. Racquets are available for purchase at class. Students must take a regular Pee Wee class before advancing to a Pee Wee II class.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46129	5-5	TC	Apr17-May8	9:45AM-10:30AM	4	Sa	Staff	\$39
46131	5-5	TC	Apr20-May6	4:45PM-5:30PM	6	TuTh	Staff	\$49
46132	5-5	TC	May11-27	4:45PM-5:30PM	6	TuTh	Staff	\$49
46130	5-5	TC	May15-Jun12	9:45AM-10:30AM	4	Sa	Staff	\$39
46133	5-5	TC	Jun1-17	4:45PM-5:30PM	6	TuTh	Staff	\$49
46134	6-7	TC	Apr17-May8	9:45AM-10:30AM	4	Sa	Staff	\$39
46136	6-7	TC	Apr20-May6	4:45PM-5:30PM	6	TuTh	Staff	\$49
46137	6-7	TC	May11-27	4:45PM-5:30PM	6	TuTh	Staff	\$49
46135	6-7	TC	May15-Jun12	9:45AM-10:30AM	4	Sa	Staff	\$39
46138	6-7	TC	Jun1-17	4:45PM-5:30PM	6	TuTh	Staff	\$49

Swimming

Tennis

Youth Level 1

Introduction to tennis for students with little or no prior instruction and limited play experience. Low cost Wilson junior rackets are available for purchase at the Tennis Center.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45880	8-13	TC	Apr17-May8	10:30AM-11:30AM	4	Sa	Staff	\$39
45893	8-13	TC	Apr20-May6	5:30PM-6:30PM	6	TuTh	Staff	\$49
45895	8-13	TC	May11-27	5:30PM-6:30PM	6	TuTh	Staff	\$49
45886	8-13	TC	May15-Jun12	10:30AM-11:30AM	4	Sa	Staff	\$39
45896	8-13	TC	Jun1-17	5:30PM-6:30PM	6	TuTh	Staff	\$49

Youth Level 2

Supervised and instructional play. For graduates of Level 1, also for students with some instruction and knowledge of basic stroke mechanics.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46114	8-13	TC	Apr17-May8	11:30AM-12:30PM	4	Sa	Staff	\$39
46116	8-13	TC	Apr20-May6	6:30PM-7:30PM	6	TuTh	Staff	\$49
46117	8-13	TC	May11-27	6:30PM-7:30PM	6	TuTh	Staff	\$49
46115	8-13	TC	May15-Jun12	11:30AM-12:30PM	4	Sa	Staff	\$39
46118	8-13	TC	Jun1-17	6:30PM-7:30PM	6	TuTh	Staff	\$49

Teen Level 1

Introduction to tennis for students with little or no prior instruction and limited play experience.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45876	13-17	TC	Apr17-May8	12:30PM-1:30PM	4	Sa	Staff	\$39
45878	13-17	TC	May15-Jun12	12:30PM-1:30PM	4	Sa	Staff	\$39

Adult Level 1

Introduction to tennis for students with little or no prior instruction and limited play experience.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
45865	16 & up	TC	Apr17-May8	12:30PM-1:30PM	4	Sa	Staff	\$39
45868	16 & up	TC	Apr20-May6	7:30PM-8:30PM	6	TuTh	Staff	\$49
45869	16 & up	TC	May11-27	7:30PM-8:30PM	6	TuTh	Staff	\$49
45867	16 & up	TC	May15-Jun12	12:30PM-1:30PM	4	Sa	Staff	\$39
45870	16 & up	TC	Jun1-17	7:30PM-8:30PM	6	TuTh	Staff	\$49

Adult Level 2

Supervised and instructional play. For graduates of Level 1, also for students with some instruction and knowledge of basic stroke mechanics.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
46112	16 & up	TC	Apr17-May8	1:30PM-2:30PM	4	Sa	Staff	\$39
46113	16 & up	TC	May15-Jun12	1:30PM-2:30PM	4	Sa	Staff	\$39

TINY TOTS

For more information call (510) 494-4349

Parent & Child Preschool

This class is a first introduction to a preschool setting for infants and toddlers. Parents and children participate in activities together that include movement, music, art, and circle time. A student may enroll in no more than 12 hours per week.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
43595	12-18mos	LCCC	Mar13-Jun5	9:45AM-11:00AM	12	Sa	Staff	\$89
43596	16-22mos	LCCC	Mar13-Jun5	11:30AM-12:45PM	12	Sa	Staff	\$89

18 - 24 months

Play and learn with your child in a creative environment. Parents and children participate in group activities, art and cooking projects, and music and movement. A student may enroll in no more than 12 hours per week.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
43599	18-24mos	NCC	Mar12-Jun4	9:00AM-10:15AM	12	F	Vancil	\$89
43601	18-24mos	NCC	Mar12-Jun4	10:45AM-12:00PM	12	F	Vancil	\$89

2 - 3 Years

Play and learn with your child in a creative environment. Parents and children participate together in group activities, computer games, art and cooking projects, and music and movement. A student may enroll in no more than 12 hours per week.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
43662	2-3	LCCC	Mar8-May24	9:00AM-10:30AM	11	M	Jackson	\$99
43661	2-3	NCC	Mar8-May24	9:00AM-12:00PM	11	M	Vancil	\$195
43659	2-3	IRCC	Mar9-Jun3	9:00AM-12:00PM	24	TuTh	Sprekel	\$419
43664	2-3	LCCC	Mar10-Jun2	9:00AM-10:30AM	12	W	Kacispm	\$105
43663	2-3	LCCC	Mar12-Jun4	9:00AM-12:00PM	12	F	Jackson	\$215

Tiny Tots Enrichment

The Tiny Tots program is an enrichment program especially designed for children of this pre-school age. Activities include dramatics, motor movement, arts and crafts, music and field trips. Children must be toilet trained and bring a snack to all classes. A student may enroll in no more than 12 hours per week.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
44437	33mos-5yrs	CCC	Mar8-Jun2	12:30PM-3:15PM	23	MW	Alexander	\$309
44427	33mos-5yrs	CCC	Mar9-Jun3	9:00AM-12:00PM	24	TuTh	Alexander	\$345
44429	33mos-5yrs	LCCC	Mar9-Jun3	9:00AM-12:00PM	24	TuTh	Jackson	\$345
44435	33mos-5yrs	NCC	Mar9-Jun3	9:00AM-12:00PM	36	TuTh	Vancil	\$519
44436	33mos-5yrs	WSCC	Mar9-Jun3	9:00AM-12:00PM	24	TuTh	Staff	\$345
44430	33mos-5yrs	LCCC	Mar9-Jun3	12:30PM-3:15PM	24	TuTh	Jackson	\$319
44428	33mos-5yrs	IRCC	Mar9-Jun3	12:30PM-3:15PM	24	TuTh	Sprekel	\$319

Tiny Tots - Pre K

Children must be 4 years old (by December 2, 2003) or older to attend. Pre-K classes are recreational classes that incorporate readiness skills development through play activities. These activities prepare children for entry into kindergarten. Proof of age is required for all Pre-K classes. No refunds after classes begin. A student may enroll in no more than 12 hours per week.

BAR	AGE	LOC	DATES	TIME	#	DAY	INST	FEE
43655	4-5	CCC	Mar8-Jun4	9:00AM-12:00PM	35	MWF	Alexander	\$559
43656	4-5	IRCC	Mar8-Jun4	9:00AM-12:00PM	35	MWF	Sprekel	\$559
43648	4-5	WSCC	Mar8-Jun4	9:00AM-12:00PM	35	MWF	Staff	\$559
43647	4-5	IRCC	Mar8-Jun2	12:30PM-3:15PM	23	MW	Sprekel	\$335
43650	4-5	NCC	Mar8-Jun3	12:30PM-3:15PM	47	M-Th	Vancil	\$685
43653	4-5	LCCC	Mar8-Jun2	11:00AM-3:15PM	23	MW	Jackson	\$519
43645	4-5	CCC	Mar9-Jun3	12:30PM-3:15PM	24	TuTh	Alexander	\$349

Discovery Cove Drop In Child Care

For more information call (510) 574-2297 or (510) 494-4381

Are you in need of some time for yourself? Do you have last minute shopping that you need to complete and would rather do it without the kids? Never fear, Discovery Cove is here! Discovery Cove offers drop-in, hourly childcare. Children can visit the center up to 12 hours a week. You can relax and enjoy your outing knowing that your children are experiencing a wonderful time filled with activities planned for them by the staff. Call for reservations.

Discovery Cove Family Resource Center
39155 Liberty Suite H850
Hours: Monday – Friday
8:30 a.m. – 5:00 p.m.
Ages 2-10 - \$4.50 per hour

Office Use Only: Check (K) Cash (C) Receipt No.

Parks & Recreation Department

Class Locations

Community Program Centers

Centerville Community Center	3355 Country Drive	G6
Fremont Community Center	40204 Paseo Padre Parkway	J7
Wally Pond – Irvington Community Center	41885 Blacow Road	J10
Los Cerritos Community Center	3377 Alder Avenue	E5
Niles Program Center	470 School Street	H4
Olive Hyde Program Center	123 Washington Boulevard	N9
Senior Multiservice Center	40086 Paseo Padre Parkway	I7
Teen Center	39770 Paseo Padre Parkway	I7
Warm Springs Community Center	47300 Fernald Street	M14

Parks

Central Park	40000 Paseo Padre Parkway	I7
Lake Elizabeth	40000 Paseo Padre Parkway	J7
Centerville Community Park	Country Drive & Hastings	G6
Frank Fisher Community Park	Deep Creek Road & Maybird Circle	A6
Irvington Community Park	41885 Blacow Road	J10
Mission San Jose Community Park	41403 Mission Boulevard	L7
Nordvik Park	Ardenwood Boulevard	A6
Shinn Historic Park & Arboretum	1251 Peralta Boulevard	J51
Sylvester P. Harvey Park	Lake Arrowhead Avenue	B2
Warm Springs Community Park	47300 Fernald Avenue	M14

Other Locations

Animal Shelter (Central Park)	1950 Stevenson Boulevard	I6
Ardenwood Historical Farm	34600 Ardenwood Boulevard	A6
BART Fremont	BART Way	H6
Central Park Nature Kiosk	40500 Paseo Padre Parkway	J7
Central Park Visitor Services Center	4000 Sailway Drive	I7
Central Park Sports Complex	1110 Stevenson Boulevard	J6
Central Park Soccer Complex	1110 Stevenson Boulevard	J6
City Beach	4020 Technology Place	J11
Cloverleaf Family Bowl	40645 Fremont Boulevard	I9
Elk's Lodge	38991 Farwell Drive	F8
Fremont Park Golf and Practice Center	39751 Stevenson Place	J6
Fremont Communities Activity Center	3375 Country Drive	G6
Fremont Flowers	36551 Fremont Boulevard	E5
Fremont Main Library	2400 Stevenson Boulevard	E6
Fremont Swim School, Fremont	42400 Blacow Road	K9
Fremont Swim School, Newark	37400 Cedar Boulevard	D8
Fremont Tennis Center	1110 Stevenson Boulevard	J6
Hillcrest Farms	5358 Sheridan Road, Sunol	N6
ICEOPLEX Fremont	44388 Old Warm Springs Boulevard	K12
Martial Arts America	4040 Papazian Way	J9
Mowry Lanes	585 Mowry Avenue	H5
Parks & Recreation Department Office	3300 Capitol Avenue, Bldg B	H6
Shinn Bungalow	1251 Peralta Boulevard	B2
Sisters of the Holy Family	159 Washington Boulevard	L9
Softball Complex Center	1110 Stevenson Boulevard	J6
Sunset Riding Academy	7587 Athenour Road, Sunol	N6
Sunol Wilderness Pack Station	Sunol-Ohlone Regional Wilderness	Off Map
Theatrix Performing Arts Studio	3820 Peralta Boulevard	F6
Vallejo Adobe	36500 Niles Boulevard	G3
Veteran's Building	37154 Second Street	H4

Schools

American High School	36300 Fremont Boulevard	E5
Ardenwood Elementary School	33955 Emilia Lane	A4
Azevada Elementary School	39450 Royal Palm Drive	G9
Brier Elementary School	39201 Sundale Drive	H8
Centerville Junior High School	37720 Fremont Boulevard	F7
Forest Park Elementary School	34400 Maybird Circle	A6
Glanter Elementary School	39207 Sundale Drive	H8
Glenmoor Elementary School	4620 Mattos Drive	F7
Horner Junior High School	41365 Chapel Way	I9
Hopkins Junior High School	600 Driscoll Road	K8
Kennedy High School	3999 Blacow Road	H9
Mission San Jose Elementary School	43545 Bryant Street	M9
Ohlone Junior College	43600 Mission Boulevard	M9
Parkmont Elementary School	2601 Centerville Drive	H6
Vallejo Junior High School	38569 Canyon Heights	J4
Walters Junior High School	39600 Logan Drive	F7
Warm Springs Elementary School	47370 Warm Springs Boulevard	M14

